



Herfstwisselbeker Kasterlee 20.10.2024 TROL

Jan DE CLERCK

TROL

Percorso : H:1 Oro-Hydro

Distancia : 8490m (Desnivel 90m)

Tempo : 1:39:51 (11'46"/km)

18/29

O.K.

[Resultados completos em Webres](#)

- | | |
|-------------------|---------|
| 1. Rune DE CLERCQ | 0:59:27 |
| 2. Jeroen HOEKX | 1:04:15 |
| 3. Nico CEUNEN | 1:05:04 |

1.	102	00:01:52		261m	7'09"/km
2.	108	00:01:38	00:03:30	199m	8'12"/km
3.	105	00:02:50	00:06:20	384m	7'23"/km
4.	109	00:00:47	00:07:07	134m	5'51"/km
5.	104	00:02:02	00:09:09	311m	6'32"/km
6.	111	00:01:46	00:10:55	168m	10'31"/km
7.	110	00:01:08	00:12:03	112m	10'07"/km
8.	149	00:03:20	00:15:23	161m	20'42"/km
9.	120	00:05:36	00:20:59	510m	10'59"/km
10.	121	00:02:03	00:23:02	152m	13'29"/km
11.	155	00:03:23	00:26:25	395m	8'34"/km
12.	115	00:01:01	00:27:26	170m	5'59"/km
13.	153	00:03:26	00:30:52	339m	10'08"/km
14.	117	00:01:02	00:31:54	104m	9'56"/km
15.	116	00:05:01	00:36:55	181m	27'43"/km
16.	119	00:03:10	00:40:05	429m	7'23"/km
17.	128	00:06:34	00:46:39	666m	9'52"/km
18.	129	00:00:59	00:47:38	74m	13'17"/km
19.	130	00:01:20	00:48:58	116m	11'30"/km
20.	139	00:03:27	00:52:25	276m	12'30"/km
21.	162	00:04:36	00:57:01	437m	10'32"/km
22.	143	00:02:30	00:59:31	164m	15'15"/km
23.	137	00:11:13	01:10:44	259m	43'18"/km
24.	138	00:01:38	01:12:22	118m	13'51"/km
25.	136	00:01:51	01:14:13	175m	10'34"/km
26.	135	00:02:16	01:16:29	228m	9'56"/km
27.	141	00:02:40	01:19:09	230m	11'36"/km
28.	146	00:01:46	01:20:55	175m	10'06"/km
29.	147	00:02:41	01:23:36	222m	12'05"/km
30.	125	00:03:32	01:27:08	454m	7'47"/km
31.	152	00:07:50	01:34:58	310m	25'16"/km
32.	126	00:02:01	01:36:59	216m	9'20"/km
33.	154	00:01:15	01:38:14	98m	12'45"/km
34.	999	00:01:37	01:39:51	259m	6'15"/km