



Herfstwisselbeker

Kasterlee 20.10.2024

TROL

Gert GEBOERS

KOL 1

Course : H:1 Oro-Hydro

Distance : 8490m (Climbing 90m)

Time : 1:21:49 (9'38"/km)

11/29

O.K.

[Full result on Webres](#)

1. Rune DE CLERCQ	0:59:27
2. Jeroen HOEKX	1:04:15
3. Nico CEUNEN	1:05:04

1.	102	00:01:36		261m	6'08"/km
2.	108	00:01:08	00:02:44	199m	5'42"/km
3.	105	00:03:05	00:05:49	384m	8'02"/km
4.	109	00:00:57	00:06:46	134m	7'05"/km
5.	104	00:02:09	00:08:55	311m	6'55"/km
6.	111	00:03:21	00:12:16	168m	19'56"/km
7.	110	00:01:09	00:13:25	112m	10'16"/km
8.	149	00:01:54	00:15:19	161m	11'48"/km
9.	120	00:05:39	00:20:58	510m	11'05"/km
10.	121	00:05:42	00:26:40	152m	37'30"/km
11.	155	00:03:15	00:29:55	395m	8'14"/km
12.	115	00:01:13	00:31:08	170m	7'09"/km
13.	153	00:03:15	00:34:23	339m	9'35"/km
14.	117	00:00:55	00:35:18	104m	8'49"/km
15.	116	00:01:38	00:36:56	181m	9'01"/km
16.	119	00:03:52	00:40:48	429m	9'01"/km
17.	128	00:06:41	00:47:29	666m	10'02"/km
18.	129	00:00:46	00:48:15	74m	10'22"/km
19.	130	00:01:34	00:49:49	116m	13'30"/km
20.	139	00:02:49	00:52:38	276m	10'12"/km
21.	162	00:02:45	00:55:23	437m	6'18"/km
22.	143	00:01:58	00:57:21	164m	12'00"/km
23.	137	00:03:58	01:01:19	259m	15'19"/km
24.	138	00:01:07	01:02:26	118m	9'28"/km
25.	136	00:01:25	01:03:51	175m	8'06"/km
26.	135	00:01:52	01:05:43	228m	8'11"/km
27.	141	00:02:09	01:07:52	230m	9'21"/km
28.	146	00:01:13	01:09:05	175m	6'57"/km
29.	147	00:01:44	01:10:49	222m	7'48"/km
30.	125	00:03:45	01:14:34	454m	8'16"/km
31.	152	00:02:54	01:17:28	310m	9'21"/km
32.	126	00:01:49	01:19:17	216m	8'25"/km
33.	154	00:00:47	01:20:04	98m	8'00"/km
34.	999	00:01:45	01:21:49	259m	6'45"/km