



Herfstwisselbeker

Kasterlee 20.10.2024

TROL

Bob DE CLEENE

TROL 6

Omloop : H:1 Oro-Hydro

Afstand : 8490m (Hoogteverschil 90m)

Tijd : 1:21:24 (9'35"/km)

10/29

O.K.

[Volledige uitslagen op Webres](#)

1. Rune DE CLERCQ	0:59:27
2. Jeroen HOEKX	1:04:15
3. Nico CEUNEN	1:05:04

1.	102	00:01:28		261m	5'37"/km
2.	108	00:01:01	00:02:29	199m	5'07"/km
3.	105	00:03:32	00:06:01	384m	9'12"/km
4.	109	00:00:47	00:06:48	134m	5'51"/km
5.	104	00:01:58	00:08:46	311m	6'19"/km
6.	111	00:01:32	00:10:18	168m	9'08"/km
7.	110	00:01:04	00:11:22	112m	9'31"/km
8.	149	00:01:36	00:12:58	161m	9'56"/km
9.	120	00:04:45	00:17:43	510m	9'19"/km
10.	121	00:01:40	00:19:23	152m	10'58"/km
11.	155	00:03:04	00:22:27	395m	7'46"/km
12.	115	00:01:51	00:24:18	170m	10'53"/km
13.	153	00:04:21	00:28:39	339m	12'50"/km
14.	117	00:00:52	00:29:31	104m	8'20"/km
15.	116	00:01:33	00:31:04	181m	8'34"/km
16.	119	00:03:18	00:34:22	429m	7'42"/km
17.	128	00:04:35	00:38:57	666m	6'53"/km
18.	129	00:00:35	00:39:32	74m	7'53"/km
19.	130	00:01:03	00:40:35	116m	9'03"/km
20.	150	00:02:12	00:42:47		
21.	139	00:04:10	00:46:57		
22.	162	00:03:07	00:50:04	437m	7'08"/km
23.	143	00:01:38	00:51:42	164m	9'58"/km
24.	137	00:02:27	00:54:09	259m	9'28"/km
25.	138	00:01:20	00:55:29	118m	11'18"/km
26.	136	00:02:42	00:58:11	175m	15'26"/km
27.	135	00:02:14	01:00:25	228m	9'48"/km
28.	141	00:04:48	01:05:13	230m	20'52"/km
29.	146	00:02:54	01:08:07	175m	16'34"/km
30.	147	00:02:42	01:10:49	222m	12'10"/km
31.	125	00:03:24	01:14:13	454m	7'29"/km
32.	152	00:03:47	01:18:00	310m	12'12"/km
33.	126	00:01:20	01:19:20	216m	6'10"/km
34.	154	00:00:37	01:19:57	98m	6'18"/km
35.	999	00:01:27	01:21:24	259m	5'36"/km