



Herfstwisselbeker

Kasterlee 20.10.2024

TROL

Liam THIELS

OMEGA 1

Omloop : H:1 Oro-Hydro

Afstand : 8490m (Hoogteverschil 90m)

Tijd : 1:11:00 (8'22"/km)

4/29

O.K.

[Volledige uitslagen op Webres](#)

1. Rune DE CLERCQ	0:59:27
2. Jeroen HOEKX	1:04:15
3. Nico CEUNEN	1:05:04

1.	102	00:01:29		261m	5'41"/km
2.	108	00:01:01	00:02:30	199m	5'07"/km
3.	105	00:02:30	00:05:00	384m	6'31"/km
4.	109	00:00:41	00:05:41	134m	5'06"/km
5.	104	00:02:04	00:07:45	311m	6'39"/km
6.	111	00:01:39	00:09:24	168m	9'49"/km
7.	110	00:00:50	00:10:14	112m	7'26"/km
8.	149	00:02:07	00:12:21	161m	13'09"/km
9.	120	00:04:03	00:16:24	510m	7'56"/km
10.	121	00:01:13	00:17:37	152m	8'00"/km
11.	155	00:02:10	00:19:47	395m	5'29"/km
12.	115	00:00:56	00:20:43	170m	5'29"/km
13.	153	00:02:20	00:23:03	339m	6'53"/km
14.	117	00:01:06	00:24:09	104m	10'35"/km
15.	116	00:01:12	00:25:21	181m	6'38"/km
16.	119	00:03:15	00:28:36	429m	7'35"/km
17.	128	00:06:09	00:34:45	666m	9'14"/km
18.	129	00:00:34	00:35:19	74m	7'39"/km
19.	130	00:01:05	00:36:24	116m	9'20"/km
20.	139	00:02:48	00:39:12	276m	10'09"/km
21.	162	00:02:48	00:42:00	437m	6'24"/km
22.	143	00:01:43	00:43:43	164m	10'28"/km
23.	137	00:03:12	00:46:55	259m	12'21"/km
24.	138	00:01:05	00:48:00	118m	9'11"/km
25.	136	00:01:13	00:49:13	175m	6'57"/km
26.	135	00:01:19	00:50:32	228m	5'46"/km
27.	141	00:01:54	00:52:26	230m	8'16"/km
28.	146	00:01:09	00:53:35	175m	6'34"/km
29.	147	00:01:21	00:54:56	222m	6'05"/km
30.	125	00:03:26	00:58:22	454m	7'34"/km
31.	152	00:02:34	01:00:56	310m	8'17"/km
32.	126	00:07:57	01:08:53	216m	36'48"/km
33.	154	00:00:41	01:09:34	98m	6'58"/km
34.	999	00:01:26	01:11:00	259m	5'32"/km