



Herfstwisselbeker

Kasterlee 20.10.2024

TROL

Martine MAMPAEY

TROL

Strecke : D:7 IOF Open

Länge : 4350m (Steigung 70m)

Zeit : 1:22:54 (19'03"/km)

4/6

O.K.

[Vollständige Ergebnisse auf Webres](#)

- | | |
|---------------------------|---------|
| 1. Esmée PRUMMEL | 0:53:58 |
| 2. Anja STYNEN | 1:07:38 |
| 3. Marie-Christine METTEN | 1:18:49 |

1.	159	00:06:06		174m	35'03"/km
2.	112	00:02:32	00:08:38	188m	13'29"/km
3.	155	00:03:29	00:12:07	170m	20'29"/km
4.	115	00:03:25	00:15:32	170m	20'06"/km
5.	117	00:06:00	00:21:32	338m	17'45"/km
6.	157	00:04:24	00:25:56	437m	10'04"/km
7.	151	00:02:41	00:28:37	174m	15'25"/km
8.	156	00:03:33	00:32:10	210m	16'54"/km
9.	125	00:02:48	00:34:58	131m	21'22"/km
10.	136	00:07:08	00:42:06	407m	17'32"/km
11.	135	00:04:00	00:46:06	228m	17'33"/km
12.	141	00:06:42	00:52:48	230m	29'08"/km
13.	140	00:03:07	00:55:55	130m	23'58"/km
14.	131	00:07:20	01:03:15	322m	22'46"/km
15.	129	00:04:15	01:07:30	181m	23'29"/km
16.	152	00:03:24	01:10:54	246m	13'49"/km
17.	160	00:05:03	01:15:57	207m	24'24"/km
18.	161	00:03:20	01:19:17	180m	18'31"/km
19.	158	00:02:22	01:21:39	131m	18'04"/km
20.	999	00:01:15	01:22:54	97m	12'53"/km

Orienteering Software