



LOS Herent

Bart Swings 12.10.2024

Omega

Peter COKELAERE

Omega

Course : H:Jeugd

Distance : 4540m

Time : 0:32:44 (7'13"/km)

4/10

O.K.

[Full result on Webres](#)

1. Mats TALLOEN	0:24:29
2. Matijs LOECKX	0:30:26
3. Nathan JANSEN	0:31:31

1.	35	00:01:31		
2.	61	00:00:32	00:02:03	97m 5'30"/km
3.	60	00:00:18	00:02:21	44m 6'49"/km
4.	49	00:00:43	00:03:04	
5.	34	00:00:49	00:03:53	156m 5'14"/km
6.	48	00:01:08	00:05:01	195m 5'49"/km
7.	62	00:00:24	00:05:25	67m 5'58"/km
8.	36	00:00:22	00:05:47	63m 5'49"/km
9.	63	00:00:09	00:05:56	34m 4'25"/km
10.	37	00:01:21	00:07:17	101m 13'22"/km
11.	57	00:00:47	00:08:04	93m 8'25"/km
12.	50	00:00:56	00:09:00	63m 14'49"/km
13.	54	00:00:22	00:09:22	59m 6'13"/km
14.	46	00:01:28	00:10:50	
15.	39	00:01:46	00:12:36	
16.	33	00:00:12	00:12:48	35m 5'43"/km
17.	45	00:02:07	00:14:55	282m 7'30"/km
18.	38	00:01:06	00:16:01	152m 7'14"/km
19.	53	00:01:55	00:17:56	175m 10'57"/km
20.	44	00:00:42	00:18:38	91m 7'42"/km
21.	65	00:01:28	00:20:06	233m 6'18"/km
22.	64	00:00:43	00:20:49	124m 5'47"/km
23.	43	00:02:44	00:23:33	420m 6'30"/km
24.	42	00:01:11	00:24:44	
25.	41	00:00:52	00:25:36	146m 5'56"/km
26.	59	00:01:16	00:26:52	245m 5'10"/km
27.	40	00:00:38	00:27:30	55m 11'31"/km
28.	51	00:00:52	00:28:22	146m 5'56"/km
29.	52	00:01:42	00:30:04	162m 10'30"/km
30.	32	00:00:24	00:30:28	50m 8'00"/km
31.	31	00:00:23	00:30:51	62m 6'11"/km
32.	55	00:00:24	00:31:15	84m 4'46"/km
33.	56	00:00:19	00:31:34	58m 5'28"/km
34.	47	00:00:28	00:32:02	81m 5'46"/km
35.	58	00:00:30	00:32:32	80m 6'15"/km
36.	999	00:00:12	00:32:44	56m 3'34"/km