



LOS Herent

Bart Swings 12.10.2024

Omega

Luc TALLOEN

Omega

Course : H:01

Distance : 5250m

Time : 1:25:26 (16'16"/km)

34/37

O.K.

[Full result on Webres](#)

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|-----------------------|---------|
| 1. Maarten VANCOETSEM | 0:30:53 |
| 2. Niel DEIJGERS | 0:30:58 |
| 3. Wouter LAMMENS | 0:31:35 |

1.	32	00:02:21	112m	20'59"/km
2.	55	00:01:39 00:04:00	75m	22'00"/km
3.	60	00:01:59 00:05:59	176m	11'16"/km
4.	63	00:02:03 00:08:02	175m	11'43"/km
5.	48	00:02:49 00:10:51	120m	23'28"/km
6.	34	00:02:35 00:13:26	195m	13'15"/km
7.	49	00:01:30 00:14:56	156m	9'37"/km
8.	35	00:00:52 00:15:48	94m	9'13"/km
9.	62	00:02:14 00:18:02	175m	12'46"/km
10.	37	00:03:13 00:21:15	164m	19'37"/km
11.	57	00:01:43 00:22:58	93m	18'28"/km
12.	50	00:01:24 00:24:22	63m	22'13"/km
13.	54	00:00:39 00:25:01	59m	11'01"/km
14.	39	00:03:44 00:28:45	196m	19'03"/km
15.	43	00:05:26 00:34:11	519m	10'28"/km
16.	64	00:05:05 00:39:16	420m	12'06"/km
17.	65	00:01:39 00:40:55	124m	13'18"/km
18.	44	00:02:47 00:43:42	233m	11'57"/km
19.	53	00:03:24 00:47:06	91m	37'22"/km
20.	38	00:05:35 00:52:41	175m	31'54"/km
21.	45	00:02:01 00:54:42	152m	13'16"/km
22.	42	00:09:37 01:04:19	413m	23'17"/km
23.	41	00:01:33 01:05:52	146m	10'37"/km
24.	59	00:02:07 01:07:59	245m	8'38"/km
25.	40	00:01:41 01:09:40	55m	30'36"/km
26.	51	00:01:47 01:11:27	146m	12'13"/km
27.	56	00:08:56 01:20:23	221m	40'25"/km
28.	31	00:00:50 01:21:13	85m	9'48"/km
29.	52	00:01:15 01:22:28	101m	12'23"/km
30.	47	00:01:12 01:23:40	138m	8'42"/km
31.	58	00:01:05 01:24:45	80m	13'32"/km
32.	999	00:00:41 01:25:26	56m	12'12"/km