



LOS Herent

Bart Swings 12.10.2024

Omega

Hans PEETERS

Omega

Percorso : H:01

Distancia : 5250m

Tempo : 1:02:47 (11'58"/km)

30/37

O.K.

[Resultados completos em Webres](#)

- | | |
|-----------------------|---------|
| 1. Maarten VANCOETSEM | 0:30:53 |
| 2. Niel DEIJGERS | 0:30:58 |
| 3. Wouter LAMMENS | 0:31:35 |

1.	32	00:01:31		112m	13'32"/km
2.	55	00:01:00	00:02:31	75m	13'20"/km
3.	60	00:02:23	00:04:54	176m	13'33"/km
4.	63	00:02:04	00:06:58	175m	11'49"/km
5.	48	00:01:18	00:08:16	120m	10'50"/km
6.	34	00:02:08	00:10:24	195m	10'56"/km
7.	49	00:01:16	00:11:40	156m	8'07"/km
8.	35	00:00:35	00:12:15	94m	6'12"/km
9.	62	00:01:41	00:13:56	175m	9'37"/km
10.	37	00:01:59	00:15:55	164m	12'06"/km
11.	57	00:01:19	00:17:14	93m	14'09"/km
12.	50	00:01:04	00:18:18	63m	16'56"/km
13.	54	00:00:35	00:18:53	59m	9'53"/km
14.	39	00:02:25	00:21:18	196m	12'20"/km
15.	43	00:05:54	00:27:12	519m	11'22"/km
16.	64	00:04:39	00:31:51	420m	11'04"/km
17.	65	00:01:12	00:33:03	124m	9'41"/km
18.	44	00:02:26	00:35:29	233m	10'27"/km
19.	53	00:01:16	00:36:45	91m	13'55"/km
20.	38	00:02:11	00:38:56	175m	12'29"/km
21.	45	00:01:31	00:40:27	152m	9'59"/km
22.	42	00:05:07	00:45:34	413m	12'23"/km
23.	41	00:01:27	00:47:01	146m	9'56"/km
24.	59	00:01:49	00:48:50	245m	7'25"/km
25.	40	00:02:10	00:51:00	55m	39'24"/km
26.	51	00:01:24	00:52:24	146m	9'35"/km
27.	56	00:05:07	00:57:31	221m	23'09"/km
28.	31	00:00:46	00:58:17	85m	9'01"/km
29.	52	00:01:00	00:59:17	101m	9'54"/km
30.	47	00:01:06	01:00:23	138m	7'58"/km
31.	58	00:01:27	01:01:50	80m	18'08"/km
32.	999	00:00:57	01:02:47	56m	16'58"/km