



# LOS Herent

## Bart Swings 12.10.2024

### Omega

**Wouter LAMMENS**

Omega

Course : H:01

Distance : 5250m

Time : 0:31:35 (6'01"/km)

**3/37**

O.K.

[Full result on Webres](#)

- |                       |         |
|-----------------------|---------|
| 1. Maarten VANCOETSEM | 0:30:53 |
| 2. Niel DEIJGERS      | 0:30:58 |

|     |     |                   |      |           |
|-----|-----|-------------------|------|-----------|
| 1.  | 32  | 00:00:37          | 112m | 5'30"/km  |
| 2.  | 55  | 00:00:27 00:01:04 | 75m  | 6'00"/km  |
| 3.  | 60  | 00:00:44 00:01:48 | 176m | 4'10"/km  |
| 4.  | 63  | 00:00:42 00:02:30 | 175m | 4'00"/km  |
| 5.  | 48  | 00:00:39 00:03:09 | 120m | 5'25"/km  |
| 6.  | 34  | 00:00:50 00:03:59 | 195m | 4'16"/km  |
| 7.  | 49  | 00:00:35 00:04:34 | 156m | 3'44"/km  |
| 8.  | 35  | 00:00:21 00:04:55 | 94m  | 3'43"/km  |
| 9.  | 62  | 00:00:46 00:05:41 | 175m | 4'23"/km  |
| 10. | 37  | 00:01:34 00:07:15 | 164m | 9'33"/km  |
| 11. | 57  | 00:00:39 00:07:54 | 93m  | 6'59"/km  |
| 12. | 50  | 00:00:36 00:08:30 | 63m  | 9'31"/km  |
| 13. | 54  | 00:00:18 00:08:48 | 59m  | 5'05"/km  |
| 14. | 39  | 00:01:27 00:10:15 | 196m | 7'24"/km  |
| 15. | 43  | 00:02:15 00:12:30 | 519m | 4'20"/km  |
| 16. | 64  | 00:02:24 00:14:54 | 420m | 5'43"/km  |
| 17. | 65  | 00:01:27 00:16:21 | 124m | 11'42"/km |
| 18. | 44  | 00:01:12 00:17:33 | 233m | 5'09"/km  |
| 19. | 53  | 00:00:50 00:18:23 | 91m  | 9'09"/km  |
| 20. | 38  | 00:01:13 00:19:36 | 175m | 6'57"/km  |
| 21. | 45  | 00:00:51 00:20:27 | 152m | 5'36"/km  |
| 22. | 42  | 00:03:08 00:23:35 | 413m | 7'35"/km  |
| 23. | 41  | 00:00:42 00:24:17 | 146m | 4'48"/km  |
| 24. | 59  | 00:00:58 00:25:15 | 245m | 3'57"/km  |
| 25. | 40  | 00:00:42 00:25:57 | 55m  | 12'44"/km |
| 26. | 51  | 00:01:01 00:26:58 | 146m | 6'58"/km  |
| 27. | 56  | 00:02:13 00:29:11 | 221m | 10'02"/km |
| 28. | 31  | 00:00:29 00:29:40 | 85m  | 5'41"/km  |
| 29. | 52  | 00:00:35 00:30:15 | 101m | 5'47"/km  |
| 30. | 47  | 00:00:42 00:30:57 | 138m | 5'04"/km  |
| 31. | 58  | 00:00:27 00:31:24 | 80m  | 5'38"/km  |
| 32. | 999 | 00:00:11 00:31:35 | 56m  | 3'16"/km  |