



LOS Herent

Bart Swings 12.10.2024

Omega

Maarten VANCOETSEM

Omega

Strecke : H:01

Länge : 5250m

Zeit : 0:30:53 (5'53"/km)

1/37

O.K.

[Vollständige Ergebnisse auf Webres](#)

2. Niel DEIJGERS	0:30:58
3. Wouter LAMMENS	0:31:35

1.	32	00:00:56	112m	8'20"/km
2.	55	00:00:29 00:01:25	75m	6'27"/km
3.	60	00:00:47 00:02:12	176m	4'27"/km
4.	63	00:00:49 00:03:01	175m	4'40"/km
5.	48	00:00:42 00:03:43	120m	5'50"/km
6.	34	00:00:57 00:04:40	195m	4'52"/km
7.	49	00:00:37 00:05:17	156m	3'57"/km
8.	35	00:00:21 00:05:38	94m	3'43"/km
9.	62	00:00:50 00:06:28	175m	4'46"/km
10.	37	00:01:02 00:07:30	164m	6'18"/km
11.	57	00:00:39 00:08:09	93m	6'59"/km
12.	50	00:00:36 00:08:45	63m	9'31"/km
13.	54	00:00:21 00:09:06	59m	5'56"/km
14.	39	00:01:19 00:10:25	196m	6'43"/km
15.	43	00:02:26 00:12:51	519m	4'41"/km
16.	64	00:02:09 00:15:00	420m	5'07"/km
17.	65	00:00:38 00:15:38	124m	5'06"/km
18.	44	00:01:10 00:16:48	233m	5'00"/km
19.	53	00:01:26 00:18:14	91m	15'45"/km
20.	38	00:01:49 00:20:03	175m	10'23"/km
21.	45	00:00:55 00:20:58	152m	6'02"/km
22.	42	00:02:52 00:23:50	413m	6'56"/km
23.	41	00:00:40 00:24:30	146m	4'34"/km
24.	59	00:00:59 00:25:29	245m	4'01"/km
25.	40	00:00:41 00:26:10	55m	12'25"/km
26.	51	00:00:44 00:26:54	146m	5'01"/km
27.	56	00:01:50 00:28:44	221m	8'18"/km
28.	31	00:00:27 00:29:11	85m	5'18"/km
29.	52	00:00:27 00:29:38	101m	4'27"/km
30.	47	00:00:34 00:30:12	138m	4'06"/km
31.	58	00:00:29 00:30:41	80m	6'03"/km
32.	999	00:00:12 00:30:53	56m	3'34"/km