



# LOS Herent

## Bart Swings 12.10.2024

### Omega

**Sonja NIJS**

Omega

Course : D:02

Distance : 3020m

Time : 0:37:17 (12'21"/km)

**9/23**

O.K.

[Full result on Webres](#)

|                          |         |
|--------------------------|---------|
| 1. Ellen DE BIE          | 0:26:44 |
| 2. Katja VAN OOSTERWIJCK | 0:28:00 |
| 3. Annabel DOMPAS        | 0:28:02 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 56  | 00:01:20 |          | 88m  | 15'09"/km |
| 2.  | 47  | 00:00:52 | 00:02:12 | 81m  | 10'42"/km |
| 3.  | 61  | 00:03:30 | 00:05:42 | 131m | 26'43"/km |
| 4.  | 35  | 00:00:52 | 00:06:34 | 97m  | 8'56"/km  |
| 5.  | 49  | 00:00:57 | 00:07:31 | 94m  | 10'06"/km |
| 6.  | 34  | 00:01:25 | 00:08:56 | 156m | 9'05"/km  |
| 7.  | 48  | 00:01:51 | 00:10:47 | 195m | 9'29"/km  |
| 8.  | 36  | 00:01:08 | 00:11:55 | 91m  | 12'27"/km |
| 9.  | 37  | 00:02:21 | 00:14:16 | 122m | 19'16"/km |
| 10. | 54  | 00:01:44 | 00:16:00 | 180m | 9'38"/km  |
| 11. | 33  | 00:02:24 | 00:18:24 | 214m | 11'13"/km |
| 12. | 46  | 00:02:41 | 00:21:05 | 241m | 11'08"/km |
| 13. | 41  | 00:01:50 | 00:22:55 | 121m | 15'09"/km |
| 14. | 42  | 00:01:14 | 00:24:09 | 146m | 8'27"/km  |
| 15. | 59  | 00:01:56 | 00:26:05 | 175m | 11'03"/km |
| 16. | 40  | 00:01:30 | 00:27:35 | 55m  | 27'16"/km |
| 17. | 51  | 00:01:13 | 00:28:48 | 146m | 8'20"/km  |
| 18. | 55  | 00:05:10 | 00:33:58 | 278m | 18'35"/km |
| 19. | 31  | 00:00:37 | 00:34:35 | 84m  | 7'20"/km  |
| 20. | 52  | 00:00:56 | 00:35:31 | 101m | 9'14"/km  |
| 21. | 58  | 00:01:20 | 00:36:51 | 169m | 7'53"/km  |
| 22. | 999 | 00:00:26 | 00:37:17 | 56m  | 7'44"/km  |

Orienteering Software