



LOS Herent

Bart Swings 12.10.2024

Omega

Geraldine DUDAL

Indiv.

Percorso : D:01

Distancia : 5250m

Tempo : 1:16:19 (14'32"/km)

20/21

O.K.

[Resultados completos em Webres](#)

- | | |
|--------------------------|---------|
| 1. Nancy TEUNCKENS | 0:40:39 |
| 2. Eleonora VERVOORT | 0:41:39 |
| 3. Katja VAN OOSTERWIJCK | 0:43:45 |

1.	32	00:02:22		112m	21'08"/km
2.	55	00:00:54	00:03:16	75m	12'00"/km
3.	60	00:01:36	00:04:52	176m	9'05"/km
4.	63	00:02:20	00:07:12	175m	13'20"/km
5.	48	00:02:03	00:09:15	120m	17'05"/km
6.	34	00:02:45	00:12:00	195m	14'06"/km
7.	49	00:01:12	00:13:12	156m	7'42"/km
8.	35	00:00:45	00:13:57	94m	7'59"/km
9.	62	00:02:39	00:16:36	175m	15'09"/km
10.	37	00:02:24	00:19:00	164m	14'38"/km
11.	57	00:01:21	00:20:21	93m	14'31"/km
12.	50	00:01:46	00:22:07	63m	28'03"/km
13.	54	00:00:34	00:22:41	59m	9'36"/km
14.	39	00:03:18	00:25:59	196m	16'50"/km
15.	43	00:06:00	00:31:59	519m	11'34"/km
16.	64	00:07:31	00:39:30	420m	17'54"/km
17.	65	00:01:30	00:41:00	124m	12'06"/km
18.	44	00:02:35	00:43:35	233m	11'05"/km
19.	53	00:02:23	00:45:58	91m	26'11"/km
20.	38	00:02:39	00:48:37	175m	15'09"/km
21.	45	00:02:02	00:50:39	152m	13'23"/km
22.	42	00:08:10	00:58:49	413m	19'46"/km
23.	41	00:01:27	01:00:16	146m	9'56"/km
24.	59	00:02:17	01:02:33	245m	9'19"/km
25.	40	00:01:18	01:03:51	55m	23'38"/km
26.	51	00:01:20	01:05:11	146m	9'08"/km
27.	56	00:05:42	01:10:53	221m	25'48"/km
28.	31	00:00:53	01:11:46	85m	10'24"/km
29.	52	00:01:18	01:13:04	101m	12'52"/km
30.	47	00:01:41	01:14:45	138m	12'12"/km
31.	58	00:01:11	01:15:56	80m	14'47"/km
32.	999	00:00:23	01:16:19	56m	6'51"/km