



LOS Herent

Bart Swings 12.10.2024

Omega

Bieke VAN ELSACKER

Omega

Percorso : D:01

Distancia : 5250m

Tempo : 0:53:50 (10'15"/km)

8/21

O.K.

[Resultados completos em Webres](#)

- | | |
|--------------------------|---------|
| 1. Nancy TEUNCKENS | 0:40:39 |
| 2. Eleonora VERVOORT | 0:41:39 |
| 3. Katja VAN OOSTERWIJCK | 0:43:45 |

1.	32	00:01:07		112m	9'58"/km
2.	55	00:00:41	00:01:48	75m	9'07"/km
3.	60	00:01:24	00:03:12	176m	7'57"/km
4.	63	00:01:16	00:04:28	175m	7'14"/km
5.	48	00:01:06	00:05:34	120m	9'10"/km
6.	34	00:01:36	00:07:10	195m	8'12"/km
7.	49	00:01:04	00:08:14	156m	6'50"/km
8.	35	00:00:37	00:08:51	94m	6'34"/km
9.	62	00:01:23	00:10:14	175m	7'54"/km
10.	37	00:01:46	00:12:00	164m	10'46"/km
11.	57	00:00:56	00:12:56	93m	10'02"/km
12.	50	00:00:53	00:13:49	63m	14'01"/km
13.	54	00:00:35	00:14:24	59m	9'53"/km
14.	39	00:02:40	00:17:04	196m	13'36"/km
15.	43	00:04:37	00:21:41	519m	8'54"/km
16.	64	00:04:08	00:25:49	420m	9'50"/km
17.	65	00:00:59	00:26:48	124m	7'56"/km
18.	44	00:02:12	00:29:00	233m	9'27"/km
19.	53	00:01:23	00:30:23	91m	15'12"/km
20.	38	00:02:31	00:32:54	175m	14'23"/km
21.	45	00:02:08	00:35:02	152m	14'02"/km
22.	42	00:05:54	00:40:56	413m	14'17"/km
23.	41	00:01:12	00:42:08	146m	8'13"/km
24.	59	00:01:55	00:44:03	245m	7'49"/km
25.	40	00:01:08	00:45:11	55m	20'36"/km
26.	51	00:01:16	00:46:27	146m	8'41"/km
27.	56	00:03:53	00:50:20	221m	17'34"/km
28.	31	00:00:45	00:51:05	85m	8'49"/km
29.	52	00:00:51	00:51:56	101m	8'25"/km
30.	47	00:00:54	00:52:50	138m	6'31"/km
31.	58	00:00:45	00:53:35	80m	9'23"/km
32.	999	00:00:15	00:53:50	56m	4'28"/km