



LOS Herent

Bart Swings 12.10.2024

Omega

Els PUT

Omega

Course : D:01

Distance : 5250m

Time : 0:51:51 (9'53"/km)

7/21

O.K.

[Full result on Webres](#)

- | | |
|--------------------------|---------|
| 1. Nancy TEUNCKENS | 0:40:39 |
| 2. Eleonora VERVOORT | 0:41:39 |
| 3. Katja VAN OOSTERWIJCK | 0:43:45 |

1.	32	00:00:52		112m	7'44"/km
2.	55	00:00:41	00:01:33	75m	9'07"/km
3.	60	00:01:25	00:02:58	176m	8'03"/km
4.	63	00:01:21	00:04:19	175m	7'43"/km
5.	48	00:01:13	00:05:32	120m	10'08"/km
6.	34	00:01:39	00:07:11	195m	8'28"/km
7.	49	00:01:02	00:08:13	156m	6'37"/km
8.	35	00:00:37	00:08:50	94m	6'34"/km
9.	62	00:01:33	00:10:23	175m	8'51"/km
10.	37	00:01:44	00:12:07	164m	10'34"/km
11.	57	00:01:03	00:13:10	93m	11'17"/km
12.	50	00:00:54	00:14:04	63m	14'17"/km
13.	54	00:00:32	00:14:36	59m	9'02"/km
14.	39	00:02:16	00:16:52	196m	11'34"/km
15.	43	00:04:14	00:21:06	519m	8'09"/km
16.	64	00:03:25	00:24:31	420m	8'08"/km
17.	65	00:00:58	00:25:29	124m	7'48"/km
18.	44	00:02:50	00:28:19	233m	12'10"/km
19.	53	00:00:56	00:29:15	91m	10'15"/km
20.	38	00:02:00	00:31:15	175m	11'26"/km
21.	45	00:01:33	00:32:48	152m	10'12"/km
22.	42	00:06:56	00:39:44	413m	16'47"/km
23.	41	00:01:13	00:40:57	146m	8'20"/km
24.	59	00:01:48	00:42:45	245m	7'21"/km
25.	40	00:00:55	00:43:40	55m	16'40"/km
26.	51	00:01:10	00:44:50	146m	7'59"/km
27.	56	00:03:04	00:47:54	221m	13'53"/km
28.	31	00:00:47	00:48:41	85m	9'13"/km
29.	52	00:00:50	00:49:31	101m	8'15"/km
30.	47	00:00:58	00:50:29	138m	7'00"/km
31.	58	00:00:45	00:51:14	80m	9'23"/km
32.	999	00:00:37	00:51:51	56m	11'01"/km