



LOS Herent

Bart Swings 12.10.2024

Omega

Lies PROVOOST

Omega

Circuit : D:01

Distance : 5250m

Temps : 0:48:26 (9'14"/km)

6/21

O.K.

[Résultats complets sur Webres](#)

- | | |
|--------------------------|---------|
| 1. Nancy TEUNCKENS | 0:40:39 |
| 2. Eleonora VERVOORT | 0:41:39 |
| 3. Katja VAN OOSTERWIJCK | 0:43:45 |

1.	32	00:00:53		112m	7'53"/km
2.	55	00:00:35	00:01:28	75m	7'47"/km
3.	60	00:01:11	00:02:39	176m	6'43"/km
4.	63	00:01:18	00:03:57	175m	7'26"/km
5.	48	00:01:02	00:04:59	120m	8'37"/km
6.	34	00:01:24	00:06:23	195m	7'11"/km
7.	49	00:00:53	00:07:16	156m	5'40"/km
8.	35	00:00:32	00:07:48	94m	5'40"/km
9.	62	00:01:08	00:08:56	175m	6'29"/km
10.	37	00:01:32	00:10:28	164m	9'21"/km
11.	57	00:00:51	00:11:19	93m	9'08"/km
12.	50	00:00:46	00:12:05	63m	12'10"/km
13.	54	00:00:26	00:12:31	59m	7'21"/km
14.	39	00:01:52	00:14:23	196m	9'31"/km
15.	43	00:03:41	00:18:04	519m	7'06"/km
16.	64	00:02:58	00:21:02	420m	7'04"/km
17.	65	00:00:56	00:21:58	124m	7'32"/km
18.	44	00:01:43	00:23:41	233m	7'22"/km
19.	53	00:03:37	00:27:18	91m	39'45"/km
20.	38	00:04:01	00:31:19	175m	22'57"/km
21.	45	00:01:24	00:32:43	152m	9'13"/km
22.	42	00:04:14	00:36:57	413m	10'15"/km
23.	41	00:01:01	00:37:58	146m	6'58"/km
24.	59	00:01:33	00:39:31	245m	6'20"/km
25.	40	00:00:57	00:40:28	55m	17'16"/km
26.	51	00:01:10	00:41:38	146m	7'59"/km
27.	56	00:03:23	00:45:01	221m	15'19"/km
28.	31	00:00:45	00:45:46	85m	8'49"/km
29.	52	00:00:45	00:46:31	101m	7'26"/km
30.	47	00:00:55	00:47:26	138m	6'39"/km
31.	58	00:00:42	00:48:08	80m	8'45"/km
32.	999	00:00:18	00:48:26	56m	5'21"/km