



LOS Herent

Bart Swings 12.10.2024

Omega

Katja VAN OOSTERWIJCK

Omega

Percorso : D:01

Distancia : 5250m

Tempo : 0:43:45 (8'20"/km)

3/21

O.K.

[Resultados completos em Webres](#)

- | | |
|----------------------|---------|
| 1. Nancy TEUNCKENS | 0:40:39 |
| 2. Eleonora VERVOORT | 0:41:39 |

1.	32	00:00:43		112m	6'24"/km
2.	55	00:00:31	00:01:14	75m	6'53"/km
3.	60	00:01:06	00:02:20	176m	6'15"/km
4.	63	00:01:10	00:03:30	175m	6'40"/km
5.	48	00:01:01	00:04:31	120m	8'28"/km
6.	34	00:01:25	00:05:56	195m	7'16"/km
7.	49	00:00:50	00:06:46	156m	5'21"/km
8.	35	00:00:32	00:07:18	94m	5'40"/km
9.	62	00:01:16	00:08:34	175m	7'14"/km
10.	37	00:01:26	00:10:00	164m	8'44"/km
11.	57	00:00:57	00:10:57	93m	10'13"/km
12.	50	00:00:44	00:11:41	63m	11'38"/km
13.	54	00:00:29	00:12:10	59m	8'12"/km
14.	39	00:01:43	00:13:53	196m	8'46"/km
15.	43	00:03:39	00:17:32	519m	7'02"/km
16.	64	00:03:05	00:20:37	420m	7'20"/km
17.	65	00:01:10	00:21:47	124m	9'25"/km
18.	44	00:01:46	00:23:33	233m	7'35"/km
19.	53	00:00:48	00:24:21	91m	8'47"/km
20.	38	00:01:53	00:26:14	175m	10'46"/km
21.	45	00:01:31	00:27:45	152m	9'59"/km
22.	42	00:04:17	00:32:02	413m	10'22"/km
23.	41	00:01:07	00:33:09	146m	7'39"/km
24.	59	00:01:35	00:34:44	245m	6'28"/km
25.	40	00:00:46	00:35:30	55m	13'56"/km
26.	51	00:01:13	00:36:43	146m	8'20"/km
27.	56	00:03:33	00:40:16	221m	16'04"/km
28.	31	00:00:42	00:40:58	85m	8'14"/km
29.	52	00:00:44	00:41:42	101m	7'16"/km
30.	47	00:00:54	00:42:36	138m	6'31"/km
31.	58	00:00:51	00:43:27	80m	10'38"/km
32.	999	00:00:18	00:43:45	56m	5'21"/km