



Training

Skihütte Rodt 12.10.2024

O.L.G. St. Vith ARDOC

Christian KRINGS

O.L.G. St. Vith ARDOC

Course : H:02

Distance : 4230m (Climbing 55m)

Time : 0:51:47 (12'15"/km)

5/10

O.K.

[Full result on Webres](#)

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|-----------------|---------|
| 1. Luca LENGES | 0:37:29 |
| 2. Michael HOCK | 0:39:15 |
| 3. Jean BREDO | 0:49:48 |

1.	201	00:01:15		118m	10'36"/km
2.	212	00:05:28	00:06:43	593m	9'13"/km
3.	211	00:01:34	00:08:17	114m	13'45"/km
4.	208	00:07:24	00:15:41	534m	13'51"/km
5.	207	00:01:09	00:16:50	85m	13'32"/km
6.	209	00:02:39	00:19:29	286m	9'16"/km
7.	210	00:01:58	00:21:27	229m	8'35"/km
8.	219	00:11:25	00:32:52	761m	15'00"/km
9.	218	00:03:02	00:35:54	136m	22'18"/km
10.	220	00:01:57	00:37:51	237m	8'14"/km
11.	221	00:01:37	00:39:28	168m	9'37"/km
12.	217	00:02:58	00:42:26	251m	11'49"/km
13.	216	00:03:10	00:45:36	218m	14'32"/km
14.	214	00:04:08	00:49:44	315m	13'07"/km
15.	999	00:02:03	00:51:47	187m	10'58"/km

Orienteering Software