



Training

Skihütte Rodt 12.10.2024

O.L.G. St. Vith ARDOC

Patrick HOCK

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Strecke : H:01

Länge : 6290m (Steigung 70m)

Zeit : 1:05:25 (10'24"/km)

10/17

O.K.

[Vollständige Ergebnisse auf Webres](#)

- | | |
|------------------|---------|
| 1. Guido LENGES | 0:42:24 |
| 2. Robert THEISS | 0:45:18 |
| 3. Jérémy BREDO | 0:46:10 |

1.	201	00:02:04		118m	17'31"/km
2.	212	00:04:36	00:06:40	593m	7'45"/km
3.	211	00:01:20	00:08:00	114m	11'42"/km
4.	206	00:05:03	00:13:03	664m	7'36"/km
5.	205	00:03:57	00:17:00	324m	12'11"/km
6.	204	00:02:15	00:19:15	242m	9'18"/km
7.	208	00:05:53	00:25:08	700m	8'24"/km
8.	209	00:02:07	00:27:15	249m	8'30"/km
9.	210	00:01:36	00:28:51	229m	6'59"/km
10.	219	00:11:37	00:40:28	761m	15'16"/km
11.	218	00:02:19	00:42:47	136m	17'02"/km
12.	220	00:01:47	00:44:34	237m	7'31"/km
13.	221	00:01:21	00:45:55	168m	8'02"/km
14.	217	00:02:32	00:48:27	251m	10'06"/km
15.	223	00:03:31	00:51:58	408m	8'37"/km
16.	226	00:03:00	00:54:58	300m	10'00"/km
17.	225	00:00:35	00:55:33		
18.	216	00:04:21	00:59:54	300m	14'30"/km
19.	214	00:03:42	01:03:36	315m	11'45"/km
20.	999	00:01:49	01:05:25	187m	9'43"/km

Orienteering Software