



Training

Skihütte Rodt 12.10.2024

O.L.G. St. Vith ARDOC

Noah BACKES

O.L.G. St. Vith ARDOC

Course : H:01

Distance : 6290m (Climbing 70m)

Time : 0:55:40 (8'51"/km)

7/17

O.K.

[Full result on Webres](#)

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| 1. Guido LENGES | 0:42:24 |
| 2. Robert THEISS | 0:45:18 |
| 3. Jérémy BREDO | 0:46:10 |

1.	201	00:01:03		118m	8'54"/km
2.	212	00:03:51	00:04:54	593m	6'30"/km
3.	211	00:03:03	00:07:57	114m	26'45"/km
4.	206	00:04:19	00:12:16	664m	6'30"/km
5.	205	00:03:47	00:16:03	324m	11'41"/km
6.	204	00:01:48	00:17:51	242m	7'26"/km
7.	208	00:04:42	00:22:33	700m	6'43"/km
8.	209	00:01:52	00:24:25	249m	7'30"/km
9.	210	00:01:24	00:25:49	229m	6'07"/km
10.	219	00:07:04	00:32:53	761m	9'17"/km
11.	218	00:02:12	00:35:05	136m	16'11"/km
12.	220	00:01:36	00:36:41	237m	6'45"/km
13.	221	00:01:18	00:37:59	168m	7'44"/km
14.	217	00:02:36	00:40:35	251m	10'22"/km
15.	223	00:03:21	00:43:56	408m	8'13"/km
16.	226	00:02:48	00:46:44	300m	9'20"/km
17.	225	00:01:02	00:47:46		
18.	216	00:03:45	00:51:31	300m	12'30"/km
19.	214	00:02:58	00:54:29	315m	9'25"/km
20.	999	00:01:11	00:55:40	187m	6'20"/km

Orienteering Software