



# Interclub - Gruitroderbos

## Oudsbergen 6.10.2024

### Omega

**Marc CUPERS**

Hermathenae

Course : H45

Distance : 8830m

Time : 1:58:40 (13'26"/km)

**9/11**

O.K.

[Full result on Webres](#)

|                    |         |
|--------------------|---------|
| 1. Fabien PASQUASY | 0:57:20 |
| 2. Jürgen LOO      | 1:24:42 |
| 3. Frank LEMY      | 1:26:18 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 143 | 00:03:08 |          | 118m | 26'33"/km |
| 2.  | 175 | 00:04:42 | 00:07:50 | 506m | 9'17"/km  |
| 3.  | 114 | 00:05:59 | 00:13:49 | 714m | 8'23"/km  |
| 4.  | 115 | 00:08:21 | 00:22:10 | 218m | 38'18"/km |
| 5.  | 139 | 00:02:22 | 00:24:32 | 174m | 13'36"/km |
| 6.  | 144 | 00:05:00 | 00:29:32 | 513m | 9'45"/km  |
| 7.  | 135 | 00:04:31 | 00:34:03 | 410m | 11'01"/km |
| 8.  | 156 | 00:06:01 | 00:40:04 | 453m | 13'17"/km |
| 9.  | 130 | 00:02:21 | 00:42:25 | 164m | 14'20"/km |
| 10. | 154 | 00:02:38 | 00:45:03 | 178m | 14'48"/km |
| 11. | 153 | 00:02:49 | 00:47:52 | 180m | 15'39"/km |
| 12. | 125 | 00:05:32 | 00:53:24 | 314m | 17'37"/km |
| 13. | 141 | 00:03:54 | 00:57:18 | 254m | 15'21"/km |
| 14. | 164 | 00:04:21 | 01:01:39 | 299m | 14'33"/km |
| 15. | 140 | 00:01:17 | 01:02:56 | 120m | 10'42"/km |
| 16. | 127 | 00:05:26 | 01:08:22 | 598m | 9'05"/km  |
| 17. | 155 | 00:02:06 | 01:10:28 | 198m | 10'36"/km |
| 18. | 129 | 00:02:22 | 01:12:50 | 216m | 10'57"/km |
| 19. | 172 | 00:03:13 | 01:16:03 | 267m | 12'03"/km |
| 20. | 120 | 00:05:16 | 01:21:19 | 273m | 19'18"/km |
| 21. | 119 | 00:02:51 | 01:24:10 | 161m | 17'42"/km |
| 22. | 159 | 00:02:05 | 01:26:15 | 127m | 16'24"/km |
| 23. | 142 | 00:07:16 | 01:33:31 | 291m | 24'58"/km |
| 24. | 168 | 00:03:15 | 01:36:46 | 198m | 16'25"/km |
| 25. | 152 | 00:08:08 | 01:44:54 | 233m | 34'54"/km |
| 26. | 123 | 00:02:22 | 01:47:16 | 218m | 10'51"/km |
| 27. | 147 | 00:04:09 | 01:51:25 | 388m | 10'42"/km |
| 28. | 149 | 00:04:35 | 01:56:00 | 454m | 10'06"/km |
| 29. | 150 | 00:01:34 | 01:57:34 | 185m | 8'28"/km  |
| 30. | 999 | 00:01:06 | 01:58:40 | 207m | 5'19"/km  |