



Interclub - Gruitroderbos

Oudsbergen 6.10.2024

Omega

Marc CUPERS

Hermathenae

Strecke : H45

Länge : 8830m

Zeit : 1:58:40 (13'26"/km)

9/11

O.K.

[Vollständige Ergebnisse auf Webres](#)

- | | |
|--------------------|---------|
| 1. Fabien PASQUASY | 0:57:20 |
| 2. Jürgen LOO | 1:24:42 |
| 3. Frank LEMY | 1:26:18 |

1.	143	00:03:08		118m	26'33"/km
2.	175	00:04:42	00:07:50	506m	9'17"/km
3.	114	00:05:59	00:13:49	714m	8'23"/km
4.	115	00:08:21	00:22:10	218m	38'18"/km
5.	139	00:02:22	00:24:32	174m	13'36"/km
6.	144	00:05:00	00:29:32	513m	9'45"/km
7.	135	00:04:31	00:34:03	410m	11'01"/km
8.	156	00:06:01	00:40:04	453m	13'17"/km
9.	130	00:02:21	00:42:25	164m	14'20"/km
10.	154	00:02:38	00:45:03	178m	14'48"/km
11.	153	00:02:49	00:47:52	180m	15'39"/km
12.	125	00:05:32	00:53:24	314m	17'37"/km
13.	141	00:03:54	00:57:18	254m	15'21"/km
14.	164	00:04:21	01:01:39	299m	14'33"/km
15.	140	00:01:17	01:02:56	120m	10'42"/km
16.	127	00:05:26	01:08:22	598m	9'05"/km
17.	155	00:02:06	01:10:28	198m	10'36"/km
18.	129	00:02:22	01:12:50	216m	10'57"/km
19.	172	00:03:13	01:16:03	267m	12'03"/km
20.	120	00:05:16	01:21:19	273m	19'18"/km
21.	119	00:02:51	01:24:10	161m	17'42"/km
22.	159	00:02:05	01:26:15	127m	16'24"/km
23.	142	00:07:16	01:33:31	291m	24'58"/km
24.	168	00:03:15	01:36:46	198m	16'25"/km
25.	152	00:08:08	01:44:54	233m	34'54"/km
26.	123	00:02:22	01:47:16	218m	10'51"/km
27.	147	00:04:09	01:51:25	388m	10'42"/km
28.	149	00:04:35	01:56:00	454m	10'06"/km
29.	150	00:01:34	01:57:34	185m	8'28"/km
30.	999	00:01:06	01:58:40	207m	5'19"/km