



Interclub - Gruitroderbos

Oudsbergen 6.10.2024

Omega

Thor DE MITS

TROL

Course : H-18

Distance : 8830m

Time : 1:30:24 (10'14"/km)

4/5

O.K.

[Full result on Webres](#)

1. Arnaud MAZY	1:01:39
2. Torben AERDEN	1:05:30
3. Stan MAES	1:16:28

1.	111	00:05:29		118m	46'28"/km
2.	143	00:05:17	00:10:46		
3.	175	00:03:36	00:14:22	506m	7'07"/km
4.	114	00:05:43	00:20:05	714m	8'00"/km
5.	115	00:01:29	00:21:34	218m	6'48"/km
6.	139	00:02:16	00:23:50	174m	13'02"/km
7.	144	00:04:15	00:28:05	513m	8'17"/km
8.	135	00:03:29	00:31:34	410m	8'30"/km
9.	156	00:05:19	00:36:53	453m	11'44"/km
10.	130	00:01:14	00:38:07	164m	7'31"/km
11.	154	00:02:11	00:40:18	178m	12'16"/km
12.	129	00:01:13	00:41:31		
13.	153	00:00:46	00:42:17	81m	9'28"/km
14.	142	00:02:39	00:44:56		
15.	125	00:00:35	00:45:31		
16.	124	00:02:18	00:47:49	186m	12'22"/km
17.	141	00:01:06	00:48:55		
18.	164	00:02:51	00:51:46	299m	9'32"/km
19.	140	00:01:28	00:53:14	120m	12'13"/km
20.	127	00:04:41	00:57:55	598m	7'50"/km
21.	155	00:02:35	01:00:30	198m	13'03"/km
22.	129	00:03:36	01:04:06	216m	16'40"/km
23.	172	00:02:18	01:06:24	267m	8'37"/km
24.	120	00:02:26	01:08:50	273m	8'55"/km
25.	119	00:02:12	01:11:02	161m	13'40"/km
26.	159	00:01:47	01:12:49	127m	14'03"/km
27.	128	00:01:54	01:14:43		
28.	142	00:01:10	01:15:53		
29.	168	00:02:10	01:18:03	198m	10'57"/km
30.	152	00:02:03	01:20:06	233m	8'48"/km
31.	123	00:02:01	01:22:07	218m	9'15"/km
32.	147	00:03:32	01:25:39	388m	9'06"/km
33.	149	00:02:54	01:28:33	454m	6'23"/km
34.	150	00:00:52	01:29:25	185m	4'41"/km
35.	999	00:00:59	01:30:24	207m	4'45"/km