



Interclub - Gruitroderbos

Oudsbergen 6.10.2024

Omega

Anabel SCHNEIDER

O.L.G. St. Vith ARDOC

Strecke : D21

Länge : 8830m

Zeit : 1:33:22 (10'34"/km)

3/7

O.K.

[Vollständige Ergebnisse auf Webres](#)

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|-------------------|---------|
| 1. Claudia ROOMAN | 1:27:54 |
| 2. Kato KEUPPENS | 1:32:34 |

1.	143	00:02:28		118m	20'54"/km
2.	175	00:04:26	00:06:54	506m	8'46"/km
3.	114	00:06:23	00:13:17	714m	8'56"/km
4.	115	00:02:42	00:15:59	218m	12'23"/km
5.	139	00:01:26	00:17:25	174m	8'14"/km
6.	144	00:04:14	00:21:39	513m	8'15"/km
7.	135	00:04:09	00:25:48	410m	10'07"/km
8.	156	00:05:46	00:31:34	453m	12'44"/km
9.	130	00:02:32	00:34:06	164m	15'27"/km
10.	154	00:02:24	00:36:30	178m	13'29"/km
11.	153	00:03:50	00:40:20	180m	21'18"/km
12.	125	00:03:24	00:43:44	314m	10'50"/km
13.	141	00:02:59	00:46:43	254m	11'45"/km
14.	164	00:03:02	00:49:45	299m	10'09"/km
15.	140	00:01:35	00:51:20	120m	13'12"/km
16.	127	00:05:29	00:56:49	598m	9'10"/km
17.	155	00:01:58	00:58:47	198m	9'56"/km
18.	129	00:01:56	01:00:43	216m	8'57"/km
19.	172	00:02:54	01:03:37	267m	10'52"/km
20.	120	00:02:51	01:06:28	273m	10'26"/km
21.	119	00:03:10	01:09:38	161m	19'40"/km
22.	159	00:01:55	01:11:33	127m	15'06"/km
23.	142	00:03:51	01:15:24	291m	13'14"/km
24.	168	00:02:14	01:17:38	198m	11'17"/km
25.	152	00:03:02	01:20:40	233m	13'01"/km
26.	123	00:02:12	01:22:52	218m	10'06"/km
27.	147	00:03:48	01:26:40	388m	9'48"/km
28.	149	00:03:57	01:30:37	454m	8'42"/km
29.	150	00:01:28	01:32:05	185m	7'56"/km
30.	999	00:01:17	01:33:22	207m	6'12"/km