



# Interclub - Gruitroderbos

## Oudsbergen 6.10.2024

### Omega

**Lotte TIESTERS**

Omega

Omloop : DE

Afstand : 11990m

Tijd : 1:38:21 (8'12"/km)

5/8

O.K.

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- |                     |         |
|---------------------|---------|
| 1. Anna SERRALLONGA | 1:27:05 |
| 2. Marine SILLIEN   | 1:28:35 |
| 3. Greet OEYEN      | 1:31:42 |

|     |     |          |          |       |           |
|-----|-----|----------|----------|-------|-----------|
| 1.  | 114 | 00:10:23 |          | 1309m | 7'56"/km  |
| 2.  | 141 | 00:05:30 | 00:15:53 | 628m  | 8'45"/km  |
| 3.  | 140 | 00:03:12 | 00:19:05 | 318m  | 10'04"/km |
| 4.  | 122 | 00:03:31 | 00:22:36 | 354m  | 9'56"/km  |
| 5.  | 145 | 00:02:12 | 00:24:48 | 227m  | 9'41"/km  |
| 6.  | 159 | 00:04:45 | 00:29:33 | 424m  | 11'12"/km |
| 7.  | 173 | 00:01:21 | 00:30:54 | 96m   | 14'04"/km |
| 8.  | 119 | 00:00:19 | 00:31:13 |       |           |
| 9.  | 120 | 00:01:47 | 00:33:00 | 161m  | 11'05"/km |
| 10. | 121 | 00:03:11 | 00:36:11 | 308m  | 10'20"/km |
| 11. | 142 | 00:03:30 | 00:39:41 | 463m  | 7'34"/km  |
| 12. | 129 | 00:02:53 | 00:42:34 | 285m  | 10'07"/km |
| 13. | 130 | 00:01:56 | 00:44:30 | 283m  | 6'50"/km  |
| 14. | 163 | 00:01:35 | 00:46:05 | 165m  | 9'36"/km  |
| 15. | 115 | 00:09:20 | 00:55:25 | 1148m | 8'08"/km  |
| 16. | 148 | 00:05:58 | 01:01:23 | 942m  | 6'20"/km  |
| 17. | 175 | 00:01:41 | 01:03:04 | 192m  | 8'46"/km  |
| 18. | 154 | 00:11:09 | 01:14:13 | 1463m | 7'37"/km  |
| 19. | 156 | 00:01:16 | 01:15:29 | 134m  | 9'27"/km  |
| 20. | 118 | 00:02:41 | 01:18:10 | 268m  | 10'01"/km |
| 21. | 125 | 00:01:26 | 01:19:36 | 191m  | 7'30"/km  |
| 22. | 138 | 00:01:30 | 01:21:06 | 147m  | 10'12"/km |
| 23. | 146 | 00:01:49 | 01:22:55 | 225m  | 8'04"/km  |
| 24. | 151 | 00:03:58 | 01:26:53 | 411m  | 9'39"/km  |
| 25. | 157 | 00:02:47 | 01:29:40 | 252m  | 11'03"/km |
| 26. | 126 | 00:02:05 | 01:31:45 | 264m  | 7'53"/km  |
| 27. | 147 | 00:01:35 | 01:33:20 | 216m  | 7'20"/km  |
| 28. | 160 | 00:02:00 | 01:35:20 | 279m  | 7'10"/km  |
| 29. | 149 | 00:01:11 | 01:36:31 | 217m  | 5'27"/km  |
| 30. | 150 | 00:01:00 | 01:37:31 | 185m  | 5'24"/km  |
| 31. | 999 | 00:00:50 | 01:38:21 | 207m  | 4'02"/km  |