



HTR - TRAIL RUN - ETAPA 3

MAXARANGUAPE - RN 29.9.2024

HTR - TRAIL RUN

Ykamiabas

LVS ASSESSORIA

Course : DUPLA FAST FEMININA

Distance : 6450m (Climbing 142m)

Time : 1:03:34,589 (9'51"/km)

4/14

O.K.

[Full result on Webres](#)

- | | |
|----------------------|-------------|
| 1. As Destemidas | 0:52:07,046 |
| 2. Gêmeas Da Soultri | 0:55:09,312 |
| 3. As Ousadas | 0:56:02,683 |

1.	71	00:15:01		1850m	8'07"/km	INICIO DO DESAFIO
2.	72	00:15:50	00:30:51	950m	16'40"/km	FIM DO DESAFIO
3.	74	00:14:22	00:45:13	1700m	8'27"/km	RETORNO 5KM
4.	999	00:18:21	01:03:34	1940m	9'28"/km	CHEGADA

