



HTR - TRAIL RUN - ETAPA 3

MAXARANGUAPE - RN 29.9.2024

HTR - TRAIL RUN

Gêmeas Da Soultri

START

Circuit : DUPLA FAST FEMININA

Distance : 6450m (Dénivelé 142m)

Temps : 0:55:09,312 (8'33"/km)

2/14

O.K.

[Résultats complets sur Webres](#)

- | | |
|------------------|-------------|
| 1. As Destemidas | 0:52:07,046 |
| 3. As Ousadas | 0:56:02,683 |

1.	71	00:11:48		1850m	6'23"/km	INICIO DO DESAFIO
2.	72	00:15:26	00:27:14	950m	16'15"/km	FIM DO DESAFIO
3.	74	00:12:01	00:39:15	1700m	7'04"/km	RETORNO 5KM
4.	999	00:15:54	00:55:09	1940m	8'12"/km	CHEGADA

