



HTR - TRAIL RUN - ETAPA 3

MAXARANGUAPE - RN 29.9.2024

HTR - TRAIL RUN

Rodrigo Cordeiro

PERSONAL FIT RUN

Course : SOLO FAST MASCULINO 30-39

Distance : 6450m (Climbing 142m)

Time : 1:07:16,609 (10'26"/km)

13/14

O.K.

[Full result on Webres](#)

- | | |
|-------------------|-------------|
| 1. Gustavo | 0:37:08,121 |
| 2. Nilton Bigode | 0:38:40,785 |
| 3. Treinador Geff | 0:40:47,445 |

1.	71	00:12:39		1850m	6'50"/km	INICIO DO DESAFIO
2.	72	00:24:15	00:36:54	950m	25'32"/km	FIM DO DESAFIO
3.	74	00:13:27	00:50:21	1700m	7'55"/km	RETORNO 5KM
4.	999	00:16:55	01:07:16	1940m	8'43"/km	CHEGADA

