



HTR - TRAIL RUN - ETAPA 3

MAXARANGUAPE - RN 29.9.2024

HTR - TRAIL RUN

14

TRAIL RUN HTR

Course : SOLO FAST MASCULINO 30-39

Distance : 6450m (Climbing 142m)

Time : 0:57:58,753 (8'59"/km)

11/14

O.K.

[Full result on Webres](#)

1. Gustavo	0:37:08,121
2. Nilton Bigode	0:38:40,785
3. Treinador Geff	0:40:47,445

1.	71	00:13:06		1850m	7'05"/km	INICIO DO DESAFIO
2.	72	00:15:31	00:28:37	950m	16'20"/km	FIM DO DESAFIO
3.	74	00:13:39	00:42:16	1700m	8'02"/km	RETORNO 5KM
4.	999	00:15:42	00:57:58	1940m	8'06"/km	CHEGADA

