



HTR - TRAIL RUN - ETAPA 3

MAXARANGUAPE - RN 29.9.2024

HTR - TRAIL RUN

Shirley Palmeira

CER HC

Course : SOLO FAST FEMININO 50-59

Distance : 6450m (Climbing 142m)

Time : 1:26:45,332 (13'27"/km)

13/14

O.K.

[Full result on Webres](#)

- | | |
|--------------|-------------|
| 1. Eleide | 0:50:07,867 |
| 2. Rosangela | 0:55:28,957 |
| 3. Beatriz | 0:55:36,937 |

1.	71	00:17:30		1850m	9'28"/km	INICIO DO DESAFIO
2.	72	00:29:36	00:47:06	950m	31'09"/km	FIM DO DESAFIO
3.	74	00:16:16	01:03:22	1700m	9'34"/km	RETORNO 5KM
4.	999	00:23:23	01:26:45	1940m	12'03"/km	CHEGADA

