



HTR - TRAIL RUN - ETAPA 3

MAXARANGUAPE - RN 29.9.2024

HTR - TRAIL RUN

Fábio Mesquita

RV ASSESSORIA

Course : SOLO RACE MASCULINO

Distance : 9750m (Climbing 183m)

Time : 1:07:40,847 (6'56"/km)

20/45

O.K.

[Full result on Webres](#)

1. Ariston	0:44:08,234
2. André	0:48:24,253
3. Railson Barros	0:53:22,316

1.	71	00:09:25		1850m	5'05"/km	INICIO DO DESAFIO
2.	72	00:11:16	00:20:41	950m	11'52"/km	FIM DO DESAFIO
3.	73	00:16:33	00:37:14	2750m	6'01"/km	RETORNO 10KM
4.	74	00:16:53	00:54:07	2300m	7'20"/km	RETORNO 5KM
5.	999	00:13:33	01:07:40	1940m	6'59"/km	CHEGADA

