



HTR - TRAIL RUN - ETAPA 3

MAXARANGUAPE - RN 29.9.2024

HTR - TRAIL RUN

Astra 21

ALLAN RUNNERS

Course : SOLO RACE MASCULINO

Distance : 9750m (Climbing 183m)

Time : 1:00:28,964 (6'12"/km)

12/45

O.K.

[Full result on Webres](#)

1. Ariston	0:44:08,234
2. André	0:48:24,253
3. Railson Barros	0:53:22,316

1.	71	00:08:33		1850m	4'37"/km	INICIO DO DESAFIO
2.	72	00:09:41	00:18:14	950m	10'12"/km	FIM DO DESAFIO
3.	73	00:14:29	00:32:43	2750m	5'16"/km	RETORNO 10KM
4.	74	00:15:24	00:48:07	2300m	6'42"/km	RETORNO 5KM
5.	999	00:12:21	01:00:28	1940m	6'22"/km	CHEGADA

