



HTR - TRAIL RUN - ETAPA 3

MAXARANGUAPE - RN 29.9.2024

HTR - TRAIL RUN

Só Vai No Grito

ADSUMUS

Course : DUPLA FAST MISTA

Distance : 6450m (Climbing 142m)

Time : 0:54:02,683 (8'23"/km)

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O.K.

[Full result on Webres](#)

1. Adsumus	0:41:28,519
2. Allan Runners	0:47:18,511
3. Amigos Runners	0:50:32,449

1.	71	00:11:39		1850m	6'18"/km	INICIO DO DESAFIO
2.	72	00:13:16	00:24:55	950m	13'58"/km	FIM DO DESAFIO
3.	74	00:13:04	00:37:59	1700m	7'41"/km	RETORNO 5KM
4.	999	00:16:03	00:54:02	1940m	8'16"/km	CHEGADA

