



HTR - TRAIL RUN - ETAPA 3

MAXARANGUAPE - RN 29.9.2024

HTR - TRAIL RUN

Raposa E Tejo

TRAIL RUN HTR

Course : DUPLA FAST FEMININA

Distance : 6450m (Climbing 142m)

Time : 1:10:48,527 (10'59"/km)

--/14

O.K.

[Full result on Webres](#)

- | | |
|----------------------|-------------|
| 1. As Destemidas | 0:52:07,046 |
| 2. Gêmeas Da Soultri | 0:55:09,312 |
| 3. As Ousadas | 0:56:02,683 |

1.	71	00:14:07		1850m	7'38"/km	INICIO DO DESAFIO
2.	72	00:19:08	00:33:15	950m	20'08"/km	FIM DO DESAFIO
3.	74	00:15:50	00:49:05	1700m	9'19"/km	RETORNO 5KM
4.	999	00:21:43	01:10:48	1940m	11'12"/km	CHEGADA

