



HTR - TRAIL RUN - ETAPA 3

MAXARANGUAPE - RN 29.9.2024

HTR - TRAIL RUN

Raposa E Tejo

TRAIL RUN HTR

Course : DUPLA FAST FEMININA

Distance : 6450m (Climbing 142m)

Time : 1:10:47,121 (10'58"/km)

6/14

O.K.

[Full result on Webres](#)

- | | |
|----------------------|-------------|
| 1. As Destemidas | 0:52:07,046 |
| 2. Gêmeas Da Soultri | 0:55:09,312 |
| 3. As Ousadas | 0:56:02,683 |

1.	71	00:14:14		1850m	7'42"/km	INICIO DO DESAFIO
2.	72	00:18:59	00:33:13	950m	19'59"/km	FIM DO DESAFIO
3.	74	00:15:03	00:48:16	1700m	8'51"/km	RETORNO 5KM
4.	999	00:22:31	01:10:47	1940m	11'36"/km	CHEGADA

