



HTR - TRAIL RUN - ETAPA 3

MAXARANGUAPE - RN 29.9.2024

HTR - TRAIL RUN

Kennya

FLOW ATHLETICS

Course : SOLO FAST FEMININO

Distance : 6450m (Climbing 142m)

Time : 1:13:37,230 (11'25"/km)

30/51

O.K.

[Full result on Webres](#)

1. Botinho	0:48:56,773
2. Eleide	0:50:07,867
3. Karolayne	0:50:19,996

1.	71	00:15:35		1850m	8'25"/km	INICIO DO DESAFIO
2.	72	00:19:25	00:35:00	950m	20'26"/km	FIM DO DESAFIO
3.	74	00:17:14	00:52:14	1700m	10'08"/km	RETORNO 5KM
4.	999	00:21:23	01:13:37	1940m	11'01"/km	CHEGADA

