



Nederlands kampioenschap Middle & Klompen-OL 2024

Weerterbergen 29.9.2024

KOVZ

Liesbeth VAN DE VELDE

Omega

Percorso : Omloop 9

Distancia : 8950m

Tempo : 1:17:56 (8'42"/km)

1/8

O.K.

[Resultados completos em Webres](#)

2. Kim JANSEN 1:18:40
3. Lionel MELINARD 1:23:23

1.	124	00:02:56		311m	9'26"/km
2.	130	00:04:24	00:07:20	631m	6'58"/km
3.	136	00:01:43	00:09:03	140m	12'16"/km
4.	137	00:01:13	00:10:16	182m	6'41"/km
5.	131	00:01:54	00:12:10	144m	13'12"/km
6.	160	00:03:47	00:15:57	476m	7'57"/km
7.	154	00:01:20	00:17:17	129m	10'20"/km
8.	156	00:02:45	00:20:02	303m	9'05"/km
9.	134	00:01:14	00:21:16	114m	10'49"/km
10.	135	00:02:28	00:23:44	277m	8'54"/km
11.	133	00:02:50	00:26:34	372m	7'37"/km
12.	118	00:07:36	00:34:10	851m	8'56"/km
13.	119	00:02:36	00:36:46	205m	12'41"/km
14.	105	00:05:15	00:42:01	582m	9'01"/km
15.	141	00:00:45	00:42:46	111m	6'45"/km
16.	153	00:01:58	00:44:44	285m	6'54"/km
17.	152	00:02:27	00:47:11	267m	9'11"/km
18.	151	00:02:39	00:49:50	234m	11'19"/km
19.	157	00:01:29	00:51:19	168m	8'50"/km
20.	148	00:03:44	00:55:03	451m	8'17"/km
21.	142	00:01:54	00:56:57	266m	7'09"/km
22.	158	00:01:42	00:58:39	263m	6'28"/km
23.	113	00:02:27	01:01:06	264m	9'17"/km
24.	132	00:03:50	01:04:56	398m	9'38"/km
25.	160	00:01:29	01:06:25	142m	10'27"/km
26.	109	00:02:23	01:08:48	272m	8'46"/km
27.	146	00:01:11	01:09:59	138m	8'34"/km
28.	122	00:02:10	01:12:09	294m	7'22"/km
29.	103	00:04:38	01:16:47	371m	12'29"/km
30.	100	00:00:43	01:17:30	101m	7'06"/km
31.	999	00:00:26	01:17:56	101m	4'17"/km