



3ª Etapa CiPO 2024 - Ponta Grossa-PR
Portal dos Campos - Itaiacoca 29.9.2024
Clube de Orientação Princesa dos Campos

Sergio Ricardo De Almeida Santos

Clube de Orientação Gralha Azul

Circuit : H Senior B

Distance : 4900m (Dénivelé 125m)

Temps : 1:58:54 (24'16"/km)

7/8

O.K.

[Résultats complets sur Webres](#)

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|-----------------------|---------|
| 1. Luís Toshio Tuyama | 1:21:33 |
| 2. Vanderlei Da Rosa | 1:33:54 |
| 3. Ozeias Teixeira | 1:36:09 |

1.	129	00:01:47		100m	17'50"/km
2.	79	00:04:20	00:06:07	410m	10'34"/km
3.	76	00:07:11	00:13:18	290m	24'46"/km
4.	73	00:02:28	00:15:46	184m	13'24"/km
5.	72	00:05:46	00:21:32	188m	30'40"/km
6.	70	00:02:49	00:24:21	266m	10'35"/km
7.	123	00:05:02	00:29:23	268m	18'47"/km
8.	107	00:26:09	00:55:32	257m	101'45"/km
9.	103	00:10:31	01:06:03	274m	38'23"/km
10.	100	00:06:36	01:12:39	209m	31'35"/km
11.	101	00:04:39	01:17:18	105m	44'17"/km
12.	105	00:04:52	01:22:10	406m	11'59"/km
13.	126	00:13:06	01:35:16	331m	39'35"/km
14.	115	00:05:01	01:40:17	236m	21'15"/km
15.	120	00:05:44	01:46:01	186m	30'49"/km
16.	122	00:03:17	01:49:18	140m	23'27"/km
17.	130	00:06:32	01:55:50	388m	16'50"/km
18.	90	00:02:45	01:58:35	225m	12'13"/km
19.	999	00:00:19	01:58:54	75m	4'13"/km

Orienteering Software