



3ª Etapa CiPO 2024 - Ponta Grossa-PR
Portal dos Campos - Itaiacoca 29.9.2024
Clube de Orientação Princesa dos Campos

Claudemiro Alves Dos Santos

Clube de Orientação Gralha Azul

Circuit : H Senior A

Distance : 5600m (Dénivelé 140m)

Temps : 1:58:40 (21'11"/km)

10/11

O.K.

[Résultats complets sur Webres](#)

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|----------------------------------|---------|
| 1. José Almir Damaso Da Silveira | 1:07:28 |
| 2. Luiz Fabiano Effgen | 1:10:04 |
| 3. Fábio Alexander Hartmann | 1:13:52 |

1.	94	00:03:55		132m	29'40"/km
2.	79	00:04:13	00:08:08	450m	9'22"/km
3.	75	00:02:48	00:10:56	340m	8'14"/km
4.	73	00:04:01	00:14:57	296m	13'34"/km
5.	72	00:03:54	00:18:51	188m	20'45"/km
6.	127	00:03:09	00:22:00	304m	10'22"/km
7.	123	00:14:29	00:36:29	158m	91'40"/km
8.	93	00:03:47	00:40:16	393m	9'38"/km
9.	92	00:02:16	00:42:32	252m	9'00"/km
10.	97	00:03:06	00:45:38	415m	7'28"/km
11.	101	00:02:45	00:48:23	207m	13'17"/km
12.	105	00:03:58	00:52:21	406m	9'46"/km
13.	107	00:01:21	00:53:42	159m	8'29"/km
14.	110	00:04:55	00:58:37	270m	18'13"/km
15.	113	00:06:18	01:04:55	186m	33'52"/km
16.	120	00:03:14	01:08:09	144m	22'27"/km
17.	118	00:24:41	01:32:50	136m	181'30"/km
18.	128	00:11:55	01:44:45	354m	33'40"/km
19.	130	00:05:40	01:50:25	148m	38'17"/km
20.	134	00:06:03	01:56:28	156m	38'47"/km
21.	90	00:01:47	01:58:15	117m	15'15"/km
22.	999	00:00:25	01:58:40	75m	5'33"/km

Orienteering Software