



3ª Etapa CiPO 2024 - Ponta Grossa-PR
Portal dos Campos - Itaiacoca 29.9.2024
Clube de Orientação Princesa dos Campos

Gilson Tomelin

Clube de Orientação Cataratas do Iguaçu

Circuit : H Senior A

Distance : 5600m (Dénivelé 140m)

Temps : 1:29:45 (16'02"/km)

7/11

O.K.

[Résultats complets sur Webres](#)

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|----------------------------------|---------|
| 1. José Almir Damaso Da Silveira | 1:07:28 |
| 2. Luiz Fabiano Effgen | 1:10:04 |
| 3. Fábio Alexander Hartmann | 1:13:52 |

1.	94	00:01:32		132m	11'37"/km
2.	79	00:04:20	00:05:52	450m	9'38"/km
3.	75	00:03:11	00:09:03	340m	9'22"/km
4.	73	00:04:23	00:13:26	296m	14'49"/km
5.	72	00:03:59	00:17:25	188m	21'11"/km
6.	127	00:02:30	00:19:55	304m	8'13"/km
7.	123	00:02:53	00:22:48	158m	18'15"/km
8.	93	00:04:25	00:27:13	393m	11'14"/km
9.	92	00:02:10	00:29:23	252m	8'36"/km
10.	97	00:04:16	00:33:39	415m	10'17"/km
11.	101	00:03:08	00:36:47	207m	15'08"/km
12.	105	00:03:54	00:40:41	406m	9'36"/km
13.	107	00:01:40	00:42:21	159m	10'29"/km
14.	110	00:06:21	00:48:42	270m	23'31"/km
15.	113	00:06:16	00:54:58	186m	33'42"/km
16.	120	00:06:14	01:01:12	144m	43'17"/km
17.	118	00:10:23	01:11:35	136m	76'21"/km
18.	128	00:07:55	01:19:30	354m	22'22"/km
19.	130	00:05:14	01:24:44	148m	35'22"/km
20.	134	00:02:55	01:27:39	156m	18'42"/km
21.	90	00:01:40	01:29:19	117m	14'15"/km
22.	999	00:00:26	01:29:45	75m	5'47"/km

Orienteering Software