



3ª Etapa CiPO 2024 - Ponta Grossa-PR
Portal dos Campos - Itaiacoca 29.9.2024
Clube de Orientação Princesa dos Campos

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Clube de Orientação Gralha Azul

Omloop : D Senior B

Afstand : 4100m (Hoogteverschil 90m)

Tijd : 1:20:41 (19'41"/km)

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O.K.

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|--------------------------------|---------|
| 2. Carmem Romagna De Lima | 1:51:40 |
| 3. Gisele Gemin Loeper Tomelin | 2:09:45 |

1.	129	00:01:48		100m	18'00"/km
2.	91	00:02:17	00:04:05	183m	12'29"/km
3.	80	00:02:53	00:06:58	366m	7'53"/km
4.	76	00:02:05	00:09:03	307m	6'47"/km
5.	75	00:03:10	00:12:13	134m	23'38"/km
6.	109	00:09:35	00:21:48	700m	13'41"/km
7.	105	00:02:51	00:24:39	165m	17'16"/km
8.	104	00:01:47	00:26:26	137m	13'01"/km
9.	107	00:02:00	00:28:26	200m	10'00"/km
10.	126	00:20:13	00:48:39	199m	101'35"/km
11.	117	00:10:10	00:58:49	291m	34'56"/km
12.	122	00:04:51	01:03:40	144m	33'41"/km
13.	128	00:05:56	01:09:36	331m	17'56"/km
14.	130	00:03:04	01:12:40	148m	20'43"/km
15.	134	00:05:40	01:18:20	156m	36'19"/km
16.	90	00:02:00	01:20:20	117m	17'06"/km
17.	999	00:00:21	01:20:41	75m	4'40"/km

Orienteering Software