



**3ª Etapa CiPO 2024 - Ponta Grossa-PR**  
**Portal dos Campos - Itaiacoca 29.9.2024**  
**Clube de Orientação Princesa dos Campos**

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Clube de Orientação de Curitiba

Omloop : D Senior A

Afstand : 4900m (Hoogteverschil 110m)

Tijd : 1:50:09 (22'29"/km)

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O.K.

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- |                                  |         |
|----------------------------------|---------|
| 2. Mirela Fernanda Galvão Paraná | 2:47:12 |
| 3. Karen Liliana Stadler Garbuio | 2:47:58 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 94  | 00:02:45 |          | 132m | 20'50"/km |
| 2.  | 91  | 00:03:09 | 00:05:54 | 238m | 13'14"/km |
| 3.  | 80  | 00:04:41 | 00:10:35 | 366m | 12'48"/km |
| 4.  | 75  | 00:05:55 | 00:16:30 | 395m | 14'59"/km |
| 5.  | 113 | 00:09:13 | 00:25:43 | 529m | 17'25"/km |
| 6.  | 105 | 00:08:40 | 00:34:23 | 317m | 27'20"/km |
| 7.  | 103 | 00:07:24 | 00:41:47 | 228m | 32'27"/km |
| 8.  | 100 | 00:08:46 | 00:50:33 | 209m | 41'57"/km |
| 9.  | 101 | 00:04:26 | 00:54:59 | 105m | 42'13"/km |
| 10. | 110 | 00:16:42 | 01:11:41 | 777m | 21'30"/km |
| 11. | 118 | 00:09:54 | 01:21:35 | 339m | 29'12"/km |
| 12. | 122 | 00:03:04 | 01:24:39 | 101m | 30'22"/km |
| 13. | 128 | 00:07:12 | 01:31:51 | 331m | 21'45"/km |
| 14. | 130 | 00:09:18 | 01:41:09 | 148m | 62'50"/km |
| 15. | 134 | 00:05:51 | 01:47:00 | 156m | 37'30"/km |
| 16. | 90  | 00:02:41 | 01:49:41 | 117m | 22'56"/km |
| 17. | 999 | 00:00:28 | 01:50:09 | 75m  | 6'13"/km  |

Orienteering Software