



Double Sprint - Raeren

Raeren 28.9.2024

OLV Eifel

Christian NAMECHE

ASUB

Strecke : H:Long Middle

Länge : 11000m (Steigung 120m)

Zeit : 2:33:48 (13'59"/km)

13/16

O.K.

[Vollständige Ergebnisse auf Webres](#)

1. Guido LENGES	1:05:07
2. Patrick MENGAL	1:15:51
3. Lennard GHEYSELS	1:16:54

1.	185	00:09:05		481m	18'53"/km
2.	169	00:10:16	00:19:21	682m	15'03"/km
3.	209	00:04:27	00:23:48	442m	10'04"/km
4.	207	00:01:26	00:25:14	105m	13'39"/km
5.	166	00:05:44	00:30:58	413m	13'53"/km
6.	208	00:02:08	00:33:06	109m	19'34"/km
7.	167	00:05:26	00:38:32	281m	19'20"/km
8.	168	00:04:21	00:42:53	186m	23'23"/km
9.	174	00:08:17	00:51:10	320m	25'53"/km
10.	172	00:05:10	00:56:20	281m	18'23"/km
11.	173	00:03:34	00:59:54	225m	15'51"/km
12.	171	00:02:52	01:02:46	229m	12'31"/km
13.	210	00:02:36	01:05:22	279m	9'19"/km
14.	183	00:06:07	01:11:29	404m	15'08"/km
15.	178	00:03:40	01:15:09	247m	14'51"/km
16.	179	00:01:18	01:16:27	102m	12'45"/km
17.	180	00:02:13	01:18:40	87m	25'29"/km
18.	70	00:00:36	01:19:16	37m	16'13"/km
19.	71	00:00:00	01:19:16	16m	0'00"/km
20.	226	00:02:09	01:21:25	86m	25'00"/km
21.	228	00:06:10	01:27:35	296m	20'50"/km
22.	212	00:03:01	01:30:36	171m	17'38"/km
23.	211	00:00:28	01:31:04	56m	8'20"/km
24.	192	00:04:45	01:35:49	375m	12'40"/km
25.	206	00:01:31	01:37:20	44m	34'28"/km
26.	177	00:07:34	01:44:54	269m	28'08"/km
27.	191	00:08:28	01:53:22	356m	23'47"/km
28.	186	00:06:17	01:59:39	246m	25'33"/km
29.	187	00:03:07	02:02:46	178m	17'31"/km
30.	188	00:00:43	02:03:29	63m	11'23"/km
31.	221	00:00:54	02:04:23	49m	18'22"/km
32.	222	00:00:38	02:05:01	63m	10'03"/km
33.	189	00:02:48	02:07:49	65m	43'05"/km
34.	190	00:01:34	02:09:23	57m	27'29"/km
35.	223	00:02:00	02:11:23	115m	17'23"/km
36.	224	00:01:35	02:12:58	114m	13'53"/km



37.	199	00:07:42	02:20:40	369m	20'52"/km
38.	202	00:07:27	02:28:07	540m	13'48"/km
39.	203	00:01:06	02:29:13	109m	10'06"/km
40.	204	00:01:35	02:30:48	156m	10'09"/km
41.	220	00:02:06	02:32:54	212m	9'54"/km
42.	999	00:00:54	02:33:48	88m	10'14"/km

HELGA



Orienteering Software