



Double Sprint - Raeren

Raeren 28.9.2024

OLV Eifel

Marc JAMSIN

CO Liège

Percorso : H:Long Middle

Distancia : 11000m (Desnivel 120m)

Tempo : 1:43:55 (9'27"/km)

11/16

O.K.

[Resultados completos em Webres](#)

1. Guido LENGES	1:05:07
2. Patrick MENGAL	1:15:51
3. Lennard GHEYSELS	1:16:54

1.	185	00:06:14		481m	12'58"/km
2.	169	00:06:25	00:12:39	682m	9'25"/km
3.	209	00:03:38	00:16:17	442m	8'13"/km
4.	207	00:00:56	00:17:13	105m	8'53"/km
5.	166	00:03:42	00:20:55	413m	8'58"/km
6.	208	00:01:57	00:22:52	109m	17'53"/km
7.	167	00:03:12	00:26:04	281m	11'23"/km
8.	168	00:02:47	00:28:51	186m	14'58"/km
9.	174	00:04:22	00:33:13	320m	13'39"/km
10.	172	00:03:45	00:36:58	281m	13'21"/km
11.	173	00:02:21	00:39:19	225m	10'27"/km
12.	171	00:02:12	00:41:31	229m	9'36"/km
13.	210	00:02:19	00:43:50	279m	8'18"/km
14.	183	00:04:56	00:48:46	404m	12'13"/km
15.	178	00:02:17	00:51:03	247m	9'15"/km
16.	179	00:01:08	00:52:11	102m	11'07"/km
17.	181	00:00:46	00:52:57	92m	8'20"/km
18.	180	00:01:13	00:54:10	45m	27'02"/km
19.	70	00:00:27	00:54:37	37m	12'10"/km
20.	71	00:00:00	00:54:37	16m	0'00"/km
21.	226	00:01:37	00:56:14	86m	18'48"/km
22.	228	00:04:24	01:00:38	296m	14'52"/km
23.	212	00:02:54	01:03:32	171m	16'58"/km
24.	211	00:00:23	01:03:55	56m	6'51"/km
25.	192	00:03:14	01:07:09	375m	8'37"/km
26.	206	00:00:53	01:08:02	44m	20'05"/km
27.	177	00:04:55	01:12:57	269m	18'17"/km
28.	191	00:03:02	01:15:59	356m	8'31"/km
29.	186	00:02:51	01:18:50	246m	11'35"/km
30.	187	00:01:31	01:20:21	178m	8'31"/km
31.	188	00:00:35	01:20:56	63m	9'16"/km
32.	221	00:00:37	01:21:33	49m	12'35"/km
33.	222	00:00:28	01:22:01	63m	7'24"/km
34.	189	00:02:03	01:24:04	65m	31'32"/km
35.	190	00:01:36	01:25:40	57m	28'04"/km
36.	223	00:01:18	01:26:58	115m	11'18"/km



37.	224	00:01:10	01:28:08	114m	10'14"/km
38.	199	00:05:08	01:33:16	369m	13'55"/km
39.	202	00:05:37	01:38:53	540m	10'24"/km
40.	203	00:00:54	01:39:47	109m	8'15"/km
41.	204	00:01:31	01:41:18	156m	9'43"/km
42.	220	00:01:44	01:43:02	212m	8'11"/km
43.	999	00:00:53	01:43:55	88m	10'02"/km

HELGA



Orienteering Software