



Double Sprint - Raeren

Raeren 28.9.2024

OLV Eifel

Dieter COEN

TROL

Strecke : H:Long Middle

Länge : 11000m (Steigung 120m)

Zeit : 1:40:59 (9'11"/km)

10/16

O.K.

[Vollständige Ergebnisse auf Webres](#)

1. Guido LENGES	1:05:07
2. Patrick MENGAL	1:15:51
3. Lennard GHEYSELS	1:16:54

1.	185	00:05:47		481m	12'01"/km
2.	169	00:06:10	00:11:57	682m	9'03"/km
3.	209	00:03:53	00:15:50	442m	8'47"/km
4.	207	00:00:54	00:16:44	105m	8'34"/km
5.	166	00:03:42	00:20:26	413m	8'58"/km
6.	208	00:01:29	00:21:55	109m	13'37"/km
7.	167	00:03:09	00:25:04	281m	11'13"/km
8.	168	00:02:31	00:27:35	186m	13'32"/km
9.	174	00:04:22	00:31:57	320m	13'39"/km
10.	172	00:03:20	00:35:17	281m	11'52"/km
11.	173	00:02:30	00:37:47	225m	11'07"/km
12.	171	00:01:57	00:39:44	229m	8'31"/km
13.	210	00:02:00	00:41:44	279m	7'10"/km
14.	183	00:04:05	00:45:49	404m	10'06"/km
15.	178	00:02:10	00:47:59	247m	8'46"/km
16.	179	00:00:47	00:48:46	102m	7'41"/km
17.	180	00:00:50	00:49:36	87m	9'35"/km
18.	70	00:00:13	00:49:49	37m	5'51"/km
19.	71	00:00:00	00:49:49	16m	0'00"/km
20.	226	00:01:01	00:50:50	86m	11'49"/km
21.	228	00:03:58	00:54:48	296m	13'24"/km
22.	212	00:02:41	00:57:29	171m	15'42"/km
23.	211	00:00:29	00:57:58	56m	8'38"/km
24.	192	00:03:07	01:01:05	375m	8'19"/km
25.	206	00:00:54	01:01:59	44m	20'27"/km
26.	177	00:05:06	01:07:05	269m	18'58"/km
27.	191	00:03:30	01:10:35	356m	9'50"/km
28.	186	00:03:10	01:13:45	246m	12'52"/km
29.	187	00:01:40	01:15:25	178m	9'22"/km
30.	188	00:00:32	01:15:57	63m	8'28"/km
31.	221	00:00:24	01:16:21	49m	8'10"/km
32.	222	00:00:31	01:16:52	63m	8'12"/km
33.	189	00:01:50	01:18:42	65m	28'12"/km
34.	190	00:01:15	01:19:57	57m	21'56"/km
35.	223	00:01:21	01:21:18	115m	11'44"/km
36.	224	00:01:17	01:22:35	114m	11'15"/km



37.	199	00:05:46	01:28:21	369m	15'38"/km
38.	202	00:05:41	01:34:02	540m	10'31"/km
39.	203	00:01:10	01:35:12	109m	10'42"/km
40.	204	00:01:55	01:37:07	156m	12'17"/km
41.	220	00:02:26	01:39:33	212m	11'29"/km
42.	999	00:01:26	01:40:59	88m	16'17"/km

HELGA



Orienteering Software