



Double Sprint - Raeren

Raeren 28.9.2024

OLV Eifel

Noël NIJSTEN

Borasca

Strecke : H:Long Middle

Länge : 11000m (Steigung 120m)

Zeit : 1:22:28 (7'30"/km)

5/16

O.K.

[Vollständige Ergebnisse auf Webres](#)

1. Guido LENGES	1:05:07
2. Patrick MENGAL	1:15:51
3. Lennard GHEYSELS	1:16:54

1.	185	00:05:08		481m	10'40"/km
2.	169	00:04:59	00:10:07	682m	7'18"/km
3.	209	00:03:01	00:13:08	442m	6'50"/km
4.	207	00:00:44	00:13:52	105m	6'59"/km
5.	166	00:02:57	00:16:49	413m	7'09"/km
6.	208	00:01:16	00:18:05	109m	11'37"/km
7.	167	00:02:37	00:20:42	281m	9'19"/km
8.	168	00:02:18	00:23:00	186m	12'22"/km
9.	174	00:03:33	00:26:33	320m	11'06"/km
10.	172	00:02:50	00:29:23	281m	10'05"/km
11.	173	00:01:58	00:31:21	225m	8'44"/km
12.	171	00:01:33	00:32:54	229m	6'46"/km
13.	210	00:01:51	00:34:45	279m	6'38"/km
14.	183	00:03:38	00:38:23	404m	9'00"/km
15.	178	00:01:53	00:40:16	247m	7'37"/km
16.	179	00:00:44	00:41:00	102m	7'11"/km
17.	180	00:00:52	00:41:52	87m	9'58"/km
18.	70	00:00:21	00:42:13	37m	9'28"/km
19.	71	00:00:00	00:42:13	16m	0'00"/km
20.	226	00:01:07	00:43:20	86m	12'59"/km
21.	228	00:03:22	00:46:42	296m	11'22"/km
22.	212	00:02:05	00:48:47	171m	12'11"/km
23.	211	00:00:27	00:49:14	56m	8'02"/km
24.	192	00:02:29	00:51:43	375m	6'37"/km
25.	206	00:00:46	00:52:29	44m	17'25"/km
26.	177	00:03:57	00:56:26	269m	14'41"/km
27.	191	00:02:33	00:58:59	356m	7'10"/km
28.	186	00:02:25	01:01:24	246m	9'49"/km
29.	187	00:01:20	01:02:44	178m	7'29"/km
30.	188	00:00:28	01:03:12	63m	7'24"/km
31.	221	00:00:21	01:03:33	49m	7'09"/km
32.	222	00:00:28	01:04:01	63m	7'24"/km
33.	189	00:01:20	01:05:21	65m	20'31"/km
34.	190	00:01:13	01:06:34	57m	21'21"/km
35.	223	00:01:03	01:07:37	115m	9'08"/km
36.	224	00:00:52	01:08:29	114m	7'36"/km



37.	199	00:04:25	01:12:54	369m	11'58"/km
38.	202	00:04:35	01:17:29	540m	8'29"/km
39.	203	00:00:47	01:18:16	109m	7'11"/km
40.	204	00:01:18	01:19:34	156m	8'20"/km
41.	220	00:01:49	01:21:23	212m	8'34"/km
42.	999	00:01:05	01:22:28	88m	12'19"/km

HELGA



Orienteering Software