



Double Sprint - Raeren

Raeren 28.9.2024

OLV Eifel

Lennard GHEYSELS

Omega

Circuit : H:Long Middle

Distance : 11000m (Dénivelé 120m)

Temps : 1:16:54 (6'59"/km)

3/16

O.K.

[Résultats complets sur Webres](#)

- | | |
|-------------------|---------|
| 1. Guido LENGES | 1:05:07 |
| 2. Patrick MENGAL | 1:15:51 |

1.	185	00:05:10		481m	10'44"/km
2.	169	00:05:17	00:10:27	682m	7'45"/km
3.	209	00:02:42	00:13:09	442m	6'07"/km
4.	207	00:00:39	00:13:48	105m	6'11"/km
5.	166	00:03:01	00:16:49	413m	7'18"/km
6.	208	00:01:13	00:18:02	109m	11'10"/km
7.	167	00:02:47	00:20:49	281m	9'54"/km
8.	168	00:02:00	00:22:49	186m	10'45"/km
9.	174	00:03:26	00:26:15	320m	10'44"/km
10.	172	00:02:57	00:29:12	281m	10'30"/km
11.	173	00:01:40	00:30:52	225m	7'24"/km
12.	171	00:01:22	00:32:14	229m	5'58"/km
13.	210	00:01:41	00:33:55	279m	6'02"/km
14.	183	00:03:25	00:37:20	404m	8'27"/km
15.	178	00:01:45	00:39:05	247m	7'05"/km
16.	179	00:00:43	00:39:48	102m	7'02"/km
17.	180	00:00:44	00:40:32	87m	8'26"/km
18.	70	00:00:15	00:40:47	37m	6'45"/km
19.	71	00:00:00	00:40:47	16m	0'00"/km
20.	226	00:00:42	00:41:29	86m	8'08"/km
21.	228	00:03:15	00:44:44	296m	10'59"/km
22.	212	00:01:57	00:46:41	171m	11'24"/km
23.	211	00:00:19	00:47:00	56m	5'39"/km
24.	192	00:02:30	00:49:30	375m	6'40"/km
25.	206	00:00:39	00:50:09	44m	14'46"/km
26.	177	00:03:42	00:53:51	269m	13'45"/km
27.	191	00:02:38	00:56:29	356m	7'24"/km
28.	186	00:02:07	00:58:36	246m	8'36"/km
29.	187	00:01:19	00:59:55	178m	7'24"/km
30.	188	00:00:26	01:00:21	63m	6'53"/km
31.	221	00:00:21	01:00:42	49m	7'09"/km
32.	222	00:00:20	01:01:02	63m	5'17"/km
33.	189	00:01:14	01:02:16	65m	18'58"/km
34.	190	00:01:16	01:03:32	57m	22'13"/km
35.	223	00:00:58	01:04:30	115m	8'24"/km
36.	224	00:00:44	01:05:14	114m	6'26"/km



37.	199	00:04:06	01:09:20	369m	11'07"/km
38.	202	00:03:55	01:13:15	540m	7'15"/km
39.	203	00:00:38	01:13:53	109m	5'49"/km
40.	204	00:01:02	01:14:55	156m	6'37"/km
41.	220	00:01:19	01:16:14	212m	6'13"/km
42.	999	00:00:40	01:16:54	88m	7'35"/km

HELGA



Orienteering Software