



Double Sprint - Raeren

Raeren 28.9.2024

OLV Eifel

Guido LENGES

OLV Eifel

Omloop : H:Long Middle

Afstand : 11000m (Hoogteverschil 120m)

Tijd : 1:05:07 (5'55"/km)

1/16

O.K.

[Volledige uitslagen op Webres](#)

2. Patrick MENGAL	1:15:51
3. Lennard GHEYSELS	1:16:54

1.	185	00:04:11		481m	8'42"/km
2.	169	00:04:31	00:08:42	682m	6'37"/km
3.	209	00:02:10	00:10:52	442m	4'54"/km
4.	207	00:00:34	00:11:26	105m	5'24"/km
5.	166	00:02:26	00:13:52	413m	5'54"/km
6.	208	00:00:59	00:14:51	109m	9'01"/km
7.	167	00:02:04	00:16:55	281m	7'21"/km
8.	168	00:01:37	00:18:32	186m	8'42"/km
9.	174	00:02:48	00:21:20	320m	8'45"/km
10.	172	00:02:16	00:23:36	281m	8'04"/km
11.	173	00:01:25	00:25:01	225m	6'18"/km
12.	171	00:01:17	00:26:18	229m	5'36"/km
13.	210	00:01:30	00:27:48	279m	5'23"/km
14.	183	00:02:51	00:30:39	404m	7'03"/km
15.	178	00:01:32	00:32:11	247m	6'12"/km
16.	179	00:00:38	00:32:49	102m	6'13"/km
17.	180	00:00:35	00:33:24	87m	6'42"/km
18.	70	00:00:13	00:33:37	37m	5'51"/km
19.	71	00:00:00	00:33:37	16m	0'00"/km
20.	226	00:00:48	00:34:25	86m	9'18"/km
21.	228	00:02:44	00:37:09	296m	9'14"/km
22.	212	00:01:40	00:38:49	171m	9'45"/km
23.	211	00:00:17	00:39:06	56m	5'04"/km
24.	192	00:02:11	00:41:17	375m	5'49"/km
25.	206	00:00:39	00:41:56	44m	14'46"/km
26.	177	00:03:09	00:45:05	269m	11'43"/km
27.	191	00:01:57	00:47:02	356m	5'29"/km
28.	186	00:02:05	00:49:07	246m	8'28"/km
29.	187	00:01:03	00:50:10	178m	5'54"/km
30.	188	00:00:23	00:50:33	63m	6'05"/km
31.	221	00:00:15	00:50:48	49m	5'06"/km
32.	222	00:00:18	00:51:06	63m	4'46"/km
33.	189	00:01:15	00:52:21	65m	19'14"/km
34.	190	00:01:08	00:53:29	57m	19'53"/km
35.	223	00:00:48	00:54:17	115m	6'57"/km
36.	224	00:00:45	00:55:02	114m	6'35"/km



37.	199	00:03:22	00:58:24	369m	9'07"/km
38.	202	00:03:21	01:01:45	540m	6'12"/km
39.	203	00:00:35	01:02:20	109m	5'21"/km
40.	204	00:00:58	01:03:18	156m	6'12"/km
41.	220	00:01:11	01:04:29	212m	5'35"/km
42.	999	00:00:38	01:05:07	88m	7'12"/km

HELGA



Orienteering Software