



Double Sprint - Raeren

Raeren 28.9.2024

OLV Eifel

Elisabeth VLIEGEN

OLV Eifel

Percurso : D:Short

Distancia : 6200m (Desnivel 45m)

Tempo : 1:17:25 (12'29"/km)

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O.K.

[Resultados completos em Webres](#)

1. Astrid VLIEGEN	0:41:40
2. Magali RAUW	0:46:00
3. Annissa RAUW	0:47:07

1.	209	00:03:30		231m	15'09"/km
2.	170	00:02:08	00:05:38	286m	7'28"/km
3.	171	00:03:54	00:09:32	223m	17'29"/km
4.	173	00:01:44	00:11:16	229m	7'34"/km
5.	227	00:06:17	00:17:33	456m	13'47"/km
6.	229	00:03:29	00:21:02	375m	9'17"/km
7.	183	00:04:02	00:25:04	120m	33'37"/km
8.	211	00:00:44	00:25:48	78m	9'24"/km
9.	226	00:03:04	00:28:52	182m	16'51"/km
10.	179	00:01:49	00:30:41	155m	11'43"/km
11.	181	00:04:57	00:35:38	92m	53'48"/km
12.	70	00:00:37	00:36:15	71m	8'41"/km
13.	71	00:00:00	00:36:15	16m	0'00"/km
14.	216	00:01:15	00:37:30	39m	32'03"/km
15.	226	00:00:57	00:38:27	56m	16'58"/km
16.	178	00:00:57	00:39:24	78m	12'11"/km
17.	176	00:01:39	00:41:03	134m	12'19"/km
18.	177	00:01:19	00:42:22	121m	10'53"/km
19.	191	00:07:29	00:49:51	356m	21'01"/km
20.	223	00:02:22	00:52:13	322m	7'21"/km
21.	187	00:02:30	00:54:43	219m	11'25"/km
22.	221	00:00:42	00:55:25	53m	13'12"/km
23.	224	00:03:22	00:58:47	133m	25'19"/km
24.	219	00:02:13	01:01:00	229m	9'41"/km
25.	214	00:02:12	01:03:12	259m	8'30"/km
26.	201	00:01:29	01:04:41	236m	6'17"/km
27.	202	00:01:00	01:05:41	76m	13'09"/km
28.	203	00:07:11	01:12:52	109m	65'54"/km
29.	204	00:01:32	01:14:24	156m	9'50"/km
30.	220	00:02:01	01:16:25	212m	9'31"/km
31.	999	00:01:00	01:17:25	88m	11'22"/km