



## Double Sprint - Raeren

Raeren 28.9.2024

OLV Eifel

**Betty DE MEYER**

TROL

Percurso : D:Short

Distancia : 6200m (Desnivel 45m)

Tempo : 0:57:38 (9'18"/km)

**6/10**

O.K.

[Resultados completos em Webres](#)

- |                   |         |
|-------------------|---------|
| 1. Astrid VLIEGEN | 0:41:40 |
| 2. Magali RAUW    | 0:46:00 |
| 3. Annissa RAUW   | 0:47:07 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 209 | 00:03:14 |          | 231m | 14'00"/km |
| 2.  | 170 | 00:01:53 | 00:05:07 | 286m | 6'35"/km  |
| 3.  | 171 | 00:03:39 | 00:08:46 | 223m | 16'22"/km |
| 4.  | 173 | 00:01:39 | 00:10:25 | 229m | 7'12"/km  |
| 5.  | 227 | 00:04:37 | 00:15:02 | 456m | 10'07"/km |
| 6.  | 229 | 00:04:25 | 00:19:27 | 375m | 11'47"/km |
| 7.  | 183 | 00:01:25 | 00:20:52 | 120m | 11'48"/km |
| 8.  | 211 | 00:00:37 | 00:21:29 | 78m  | 7'54"/km  |
| 9.  | 226 | 00:02:50 | 00:24:19 | 182m | 15'34"/km |
| 10. | 179 | 00:01:34 | 00:25:53 | 155m | 10'06"/km |
| 11. | 181 | 00:00:49 | 00:26:42 | 92m  | 8'53"/km  |
| 12. | 70  | 00:00:46 | 00:27:28 | 71m  | 10'48"/km |
| 13. | 71  | 00:00:00 | 00:27:28 | 16m  | 0'00"/km  |
| 14. | 216 | 00:00:42 | 00:28:10 | 39m  | 17'57"/km |
| 15. | 226 | 00:00:49 | 00:28:59 | 56m  | 14'35"/km |
| 16. | 178 | 00:00:52 | 00:29:51 | 78m  | 11'07"/km |
| 17. | 176 | 00:01:32 | 00:31:23 | 134m | 11'27"/km |
| 18. | 177 | 00:01:05 | 00:32:28 | 121m | 8'57"/km  |
| 19. | 191 | 00:03:34 | 00:36:02 | 356m | 10'01"/km |
| 20. | 223 | 00:02:58 | 00:39:00 | 322m | 9'13"/km  |
| 21. | 187 | 00:01:50 | 00:40:50 | 219m | 8'22"/km  |
| 22. | 221 | 00:00:36 | 00:41:26 | 53m  | 11'19"/km |
| 23. | 224 | 00:03:57 | 00:45:23 | 133m | 29'42"/km |
| 24. | 219 | 00:02:02 | 00:47:25 | 229m | 8'53"/km  |
| 25. | 214 | 00:01:53 | 00:49:18 | 259m | 7'16"/km  |
| 26. | 201 | 00:01:40 | 00:50:58 | 236m | 7'04"/km  |
| 27. | 202 | 00:00:40 | 00:51:38 | 76m  | 8'46"/km  |
| 28. | 203 | 00:01:02 | 00:52:40 | 109m | 9'29"/km  |
| 29. | 204 | 00:01:33 | 00:54:13 | 156m | 9'56"/km  |
| 30. | 220 | 00:02:22 | 00:56:35 | 212m | 11'10"/km |
| 31. | 999 | 00:01:03 | 00:57:38 | 88m  | 11'56"/km |