



## Double Sprint - Raeren

Raeren 28.9.2024

OLV Eifel

**Stephanie HEINFELDNER**

Hansa Simmerath

Omloop : D:Short

Afstand : 6200m (Hoogteverschil 45m)

Tijd : 0:53:59 (8'42"/km)

**5/10**

O.K.

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|                   |         |
|-------------------|---------|
| 1. Astrid VLIEGEN | 0:41:40 |
| 2. Magali RAUW    | 0:46:00 |
| 3. Annissa RAUW   | 0:47:07 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 209 | 00:03:20 |          | 231m | 14'26"/km |
| 2.  | 170 | 00:01:54 | 00:05:14 | 286m | 6'39"/km  |
| 3.  | 171 | 00:03:12 | 00:08:26 | 223m | 14'21"/km |
| 4.  | 173 | 00:01:41 | 00:10:07 | 229m | 7'21"/km  |
| 5.  | 227 | 00:04:23 | 00:14:30 | 456m | 9'37"/km  |
| 6.  | 229 | 00:02:53 | 00:17:23 | 375m | 7'41"/km  |
| 7.  | 183 | 00:01:28 | 00:18:51 | 120m | 12'13"/km |
| 8.  | 211 | 00:00:44 | 00:19:35 | 78m  | 9'24"/km  |
| 9.  | 226 | 00:02:29 | 00:22:04 | 182m | 13'39"/km |
| 10. | 179 | 00:01:28 | 00:23:32 | 155m | 9'28"/km  |
| 11. | 181 | 00:00:46 | 00:24:18 | 92m  | 8'20"/km  |
| 12. | 70  | 00:00:54 | 00:25:12 | 71m  | 12'41"/km |
| 13. | 71  | 00:00:00 | 00:25:12 | 16m  | 0'00"/km  |
| 14. | 216 | 00:00:30 | 00:25:42 | 39m  | 12'49"/km |
| 15. | 226 | 00:00:45 | 00:26:27 | 56m  | 13'24"/km |
| 16. | 178 | 00:00:48 | 00:27:15 | 78m  | 10'15"/km |
| 17. | 176 | 00:01:44 | 00:28:59 | 134m | 12'56"/km |
| 18. | 177 | 00:01:02 | 00:30:01 | 121m | 8'32"/km  |
| 19. | 191 | 00:03:06 | 00:33:07 | 356m | 8'42"/km  |
| 20. | 223 | 00:02:48 | 00:35:55 | 322m | 8'42"/km  |
| 21. | 187 | 00:01:47 | 00:37:42 | 219m | 8'09"/km  |
| 22. | 221 | 00:00:41 | 00:38:23 | 53m  | 12'54"/km |
| 23. | 224 | 00:03:15 | 00:41:38 | 133m | 24'26"/km |
| 24. | 219 | 00:02:00 | 00:43:38 | 229m | 8'44"/km  |
| 25. | 214 | 00:02:09 | 00:45:47 | 259m | 8'18"/km  |
| 26. | 201 | 00:01:29 | 00:47:16 | 236m | 6'17"/km  |
| 27. | 202 | 00:00:37 | 00:47:53 | 76m  | 8'07"/km  |
| 28. | 203 | 00:00:58 | 00:48:51 | 109m | 8'52"/km  |
| 29. | 204 | 00:01:50 | 00:50:41 | 156m | 11'45"/km |
| 30. | 220 | 00:02:06 | 00:52:47 | 212m | 9'54"/km  |
| 31. | 999 | 00:01:12 | 00:53:59 | 88m  | 13'38"/km |